

# VARIATIONAL PARABOLIC CAPACITY

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ABSTRACT. We establish a variational parabolic capacity in a context of degenerate parabolic equations of  $p$ -Laplace type, and show that this capacity is equivalent to the nonlinear parabolic capacity. As an application, we estimate the capacities of several explicit sets.

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## 1. INTRODUCTION

Capacity is a central tool in the classical potential theory. It is utilized for example in boundary regularity criteria, characterizations of polar sets and removability results. In the elliptic case, capacity has turned out to be the right gauge instead of the Lebesgue measure for exceptional sets with respect to Sobolev functions.

In this work, we study a capacity related to nonlinear parabolic partial differential equations. The principal prototype we have in mind is the  $p$ -parabolic equation

$$\partial_t u - \operatorname{div}(|\nabla u|^{p-2} \nabla u) = 0,$$

with  $p \geq 2$ .

In [13], the second and third author of this paper together with Kinnunen and Korte defined the *nonlinear parabolic capacity* of a set  $E \subset \Omega_\infty = \Omega \times (0, \infty)$  as

$$\operatorname{cap}(E, \Omega_\infty) = \sup\{\mu(\Omega_\infty) : \operatorname{supp} \mu \subset E, 0 \leq u_\mu \leq 1\},$$

where  $\mu$  is a non-negative Radon measure, and  $u_\mu$  is a weak solution to the measure data problem

$$\begin{cases} \partial_t u - \operatorname{div}(|\nabla u|^{p-2} \nabla u) = \mu, & \text{in } \Omega_\infty \\ u(x, t) = 0, & \text{for } (x, t) \in \partial_p \Omega_\infty. \end{cases}$$

The nonlinear parabolic capacity has many favorable features, including inner and outer regularity, as well as subadditivity to mention a few. The main motivation to study such a capacity is its possible applications to questions regarding boundary regularity and removability. The above capacity is analogous to thermal capacity  $p = 2$  related to the heat equation, which together with its generalizations have been studied for example by Lanconelli [20, 21], Watson [29], Evans and Gariepy [7], as well as Gariepy and Ziemer [8, 9]. In the elliptic case, the reader can consult [12].

However, computing the capacities of explicit sets using the above definition is quite challenging. Again, the situation can be compared to the elliptic case, where explicit calculations are usually based on the variational formulation of the capacity. Our objective is to develop tools for estimating capacities of explicit sets in the nonlinear parabolic

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context. In analogy to the elliptic situation, a central role is played by the nonlinear parabolic variational capacity which in the case of a compact set  $K$  can be written as

$$\text{cap}_{\text{var}}(K, \Omega_\infty) = \inf\{\|v\|_{\mathcal{W}(\Omega_\infty)} := \|v\|_{\mathcal{V}(\Omega_\infty)}^p + \|\partial_t v\|_{\mathcal{V}'(\Omega_\infty)}^{p'} : v \in C_0^\infty(\Omega \times \mathbb{R}), v \geq \chi_K\},$$

where  $\mathcal{W}(\Omega_T) = \{u \in \mathcal{V}(\Omega_T) : \partial_t u \in \mathcal{V}'(\Omega_T)\}$ ,  $\mathcal{V}(\Omega_T) = L^p(0, T; W_0^{1,p}(\Omega))$  and  $\mathcal{V}'(\Omega_T) = (L^p(0, T; W_0^{1,p}(\Omega)))'$ .

Our main result (Theorem 4.9) shows that there exists a constant  $c \equiv c(n, p) > 1$  such that for any compact set  $K \subset \Omega_\infty$ ,

$$c^{-1} \text{cap}_{\text{var}}(K, \Omega_\infty) \leq \text{cap}(K, \Omega_\infty) \leq c \text{cap}_{\text{var}}(K, \Omega_\infty).$$

As an application, in Section 5, we estimate the capacities of space-time curves (Theorem 5.1), cylinders (Theorem 5.5) and certain hyper-surfaces (Theorem 5.7). In addition, we give a lower bound for  $\text{cap}_{\text{var}}$  in terms of a time-integral involving the elliptic capacity (Theorem 5.2).

We first establish the main result in the special case that  $K$  is a finite union of space-time cylinders. The simple structure of such sets allows us to derive estimates using test-functions mollified in time, since in this case we can control the size of the mollified test-function. As an intermediate step, we prove the equivalence between the nonlinear parabolic capacity (defined above) and the following capacity that we call the energy capacity

$$\text{cap}_{\text{en}}(K, \Omega_T) = \inf\{\|u\|_{\text{en}, \Omega_T} : u \in \mathcal{V}(\Omega_T), u \text{ is } p\text{-superparabolic in } \Omega_T, u \geq \chi_K\},$$

where

$$\|u\|_{\text{en}, \Omega_T} = \sup_{0 < t < T} \frac{1}{2} \int_{\Omega} u^2(x, t) dx + \int_0^T \int_{\Omega} |\nabla u|^p dx dt.$$

The proof is based on using the capacity potential (or balayage/réduite) as a test-functions in the measure data problem, together with a straightforward estimation.

The main part of the paper is devoted to establishing the equivalence between the variational and energy capacities in two main steps.

First, in Theorem 4.2, given a non-negative supersolution  $u$  we construct a function  $v \geq u$  for which we can bound the key variational quantity  $\|v\|_{\mathcal{W}}$  in terms of the energy of  $u$ ,  $\|u\|_{\text{en}}$ . Such  $v$  is obtained as the solution to a specific backwards in time equation with  $-2\Delta_p u$  as a right-hand side.

Second, in Theorem 4.4, given  $v \in \mathcal{W}$ , we show that there exists a supersolution  $u \geq v$  such that  $\|u\|_{\text{en}} \leq c \|v\|_{\mathcal{W}}$  in a suitable intrinsic geometry. Such  $u$  is obtained as a solution to the obstacle problem using rescaled  $v$  as an obstacle. The above inequality is then derived from the definition of  $u$  being a supersolution, in essence using the difference between the rescaled  $u$  and  $v$  as the test-function. This establishes the main result for finite unions of space time cylinders in  $\Omega_T$ . To complete the proof, we approximate a compact set with unions of cylinders and pass to the limit  $T \rightarrow \infty$ .

Our work owes its inspiration to the work of Pierre [25] for the heat equation, and can be seen as a nonlinear generalization of Pierre's results. For other, but quite different generalizations, see [6], [26], and [27]. Finally, the results in this paper generalize to a wider class of equations of  $p$ -parabolic type even if for expository reasons we only work with the  $p$ -parabolic equation.

## 2. PRELIMINARIES

**2.1. Parabolic spaces.** We begin by describing the basic notation. In what follows,  $B(x_0, r) = \{x \in \mathbb{R}^n : |x_0 - x| < r\}$  stands for the usual Euclidean ball in  $\mathbb{R}^n$ ,  $\Omega$  a domain, and  $U$  a bounded open set in  $\mathbb{R}^n$ . If  $U'$  is a bounded subset of  $U$  and the closure of  $U'$  belongs to  $U$ , we write  $U' \Subset U$ . We denote

$$U_{t_1, t_2} := U \times (t_1, t_2), \quad U_T := U \times (0, T) \quad \text{and} \quad U_\infty := U \times (0, \infty).$$

Furthermore, the *parabolic boundary* of a cylinder  $U_{t_1, t_2} := U \times (t_1, t_2) \subset \mathbb{R}^{n+1}$  is

$$\partial_p U_{t_1, t_2} = (\bar{U} \times \{t_1\}) \cup (\partial U \times (t_1, t_2]).$$

We define the *parabolic boundary* of a finite union of open cylinders  $U_{t_1^i, t_2^i}^i$  as

$$\partial_p \left( \bigcup_i U_{t_1^i, t_2^i}^i \right) := \left( \bigcup_i \partial_p U_{t_1^i, t_2^i}^i \right) \setminus \bigcup_i U_{t_1^i, t_2^i}^i.$$

Note that the parabolic boundary is by definition compact. We let  $a \approx b$  denote that there exists a positive constant  $c$  depending only on  $n$  and  $p$  such that  $c^{-1}a \leq b \leq ca$ .

As usual,  $W^{1,p}(U)$  denotes the space of real-valued functions  $f$  such that  $f \in L^p(U)$  and the distributional first partial derivatives  $\partial f \partial x_i$ ,  $i = 1, 2, \dots, n$ , exist in  $U$  and belong to  $L^p(U)$ . We use the norm  $\|f\|_{W^{1,p}(U)} = \|f\|_{L^p(U)} + \|\nabla f\|_{L^p(U)}$ . The Sobolev space with zero boundary values,  $W_0^{1,p}(U)$ , is the closure of  $C_0^\infty(U)$  with respect to the Sobolev norm. By Sobolev's inequality, we may endow  $W_0^{1,p}(U)$  with the norm  $\|f\|_{W_0^{1,p}(U)} = \|\nabla f\|_{L^p(U)}$ .

By the *parabolic Sobolev space*  $L^p(t_1, t_2; W^{1,p}(U))$ , with  $t_1 < t_2$ , we mean the space of measurable functions  $u(x, t)$  such that the mapping  $x \mapsto u(x, t)$  belongs to  $W^{1,p}(U)$  for almost every  $t_1 < t < t_2$  and the norm

$$\|u\|_{L^p(t_1, t_2; W^{1,p}(U))} := \left( \int_{t_1}^{t_2} \|u(\cdot, t)\|_{W^{1,p}(U)}^p dt \right)^{1/p},$$

is finite. The parabolic space  $L^p(t_1, t_2; W_0^{1,p}(U))$  is defined in a similar fashion. Analogously, by the space  $C(t_1, t_2; L^q(U))$ ,  $t_1 < t_2$  and  $q \geq 1$ , we mean the space of functions  $u(x, t)$ , such that the mapping  $t \mapsto \int_U |u(x, t)|^q dx$  is continuous on the time interval  $[t_1, t_2]$ . Moreover, we let  $\sup$  and  $\inf$  be the essential supremum and essential infimum respectively, throughout this paper.

**2.2. Nonlinear parabolic problems.** We can now introduce the notion of weak solution to

$$\partial_t u - \operatorname{div}(|\nabla u|^{p-2} \nabla u) = 0. \tag{2.1}$$

**Definition 2.1.** A function  $u \in L_{\text{loc}}^p(0, T; W_{\text{loc}}^{1,p}(\Omega))$  is called a *weak supersolution* to the  $p$ -parabolic equation in  $\Omega_T$ , if

$$\iint_{\Omega_T} (|\nabla u|^{p-2} \nabla u \cdot \nabla \phi - u \partial_t \phi) dx dt \geq 0, \tag{2.2}$$

for every  $\phi \in C_0^\infty(\Omega_T)$ ,  $\phi \geq 0$ . It is called a *weak subsolution*, if the integral above is instead non-positive. We call a function  $u$  a *weak solution* in  $\Omega_T$  if it is both a super- and subsolution in  $\Omega_T$ , i.e.,

$$\iint_{\Omega_T} (|\nabla u|^{p-2} \nabla u \cdot \nabla \phi - u \partial_t \phi) dx dt = 0,$$

for every  $\phi \in C_0^\infty(\Omega_T)$ . By parabolic regularity theory a weak solution has a continuous representative: we call this representative *p-parabolic*.

In this work we consider weak super-solutions with zero boundary data, that is, zero boundary values on the lateral boundary  $\partial\Omega \times (0, T)$  and zero initial values on  $\bar{\Omega} \times \{t = 0\}$ . By this we mean that  $u \in L^p(0, T, W_0^{1,p}(\Omega))$  and

$$\lim_{h \rightarrow 0} \frac{1}{h} \int_0^h \int_\Omega |u|^2 dz = 0.$$

Moreover we say that a time  $t \in (0, T)$  is a Lebesgue instant for  $u \in L^p(0, T, W_0^{1,p}(\Omega))$  if

$$\lim_{h \rightarrow 0} \frac{1}{h} \int_{t-h}^{t+h} \int_\Omega |u(x, s) - u(x, t)|^2 dx ds = 0.$$

Note that if  $u \in L^p(0, T, W_0^{1,p}(\Omega))$  then almost all  $t \in (0, T)$  are Lebesgue instants, since  $p \geq 2$ . In what follows, we often choose a supersolution with zero boundary data and above 1 on a compact set  $K \subset \Omega_T$ . In this case, we can always choose our function so that for small enough  $\epsilon$ ,  $u = 0$  in  $\Omega \times (0, \epsilon)$ , and thus takes zero initial values in any reasonable sense.

Closely related to weak supersolutions, is the more general class of *p*-superparabolic functions in  $\Theta \subset \mathbb{R}^{n+1}$ , see [11].

**Definition 2.2.** We call a function  $u : \Theta \rightarrow (-\infty, \infty]$  *p-superparabolic* if

- (i)  $u$  is lower semicontinuous;
- (ii)  $u$  is finite in a dense subset of  $\Theta$ ;
- (iii) the following parabolic comparison principle holds: Let  $Q_{t_1, t_2} \Subset \Theta$ , and let  $h$  be a *p*-parabolic function in  $Q_{t_1, t_2}$  which is continuous in  $\bar{U}_{t_1, t_2}$ . Then, if  $h \leq u$  on  $\partial_p Q_{t_1, t_2}$ ,  $h \leq u$  also in  $Q_{t_1, t_2}$ .

We denote the lower semicontinuous regularization of  $u$  by

$$\hat{u}(x, t) = \liminf_{(y, s) \rightarrow (x, t)} u = \lim_{r \rightarrow 0} \inf_{B_r(x) \times (t-r^p, t+r^p)} u.$$

We recall the following theorem from [19].

**Theorem 2.3.** *Let  $u$  be a weak supersolution in  $\Omega_T$ . Then the lower semicontinuous regularization  $\hat{u}$  is a weak supersolution and  $u = \hat{u}$  almost everywhere in  $\Omega_T$ .*

Vice versa we also have the following theorem of [17].

**Theorem 2.4.** *Let  $u$  be a locally bounded and *p*-superparabolic function, then  $u$  is a weak supersolution.*

Let  $u$  be a supersolution. Then by the Riesz representation theorem, there exists a Radon measure  $\mu_u$  such that  $u$  solves the following measure data problem

$$\iint_{\Omega_T} (|\nabla u|^{p-2} \nabla u \cdot \nabla \phi - u \partial_t \phi) dx dt = \iint_{\Omega_T} \phi d\mu_u, \quad (2.3)$$

for every  $\phi \in C_0^\infty(\Omega_T)$ . Conversely, for every finite positive Radon measure, there is a superparabolic function, see for example [4, 15] and [16].

Next we introduce the parabolic obstacle problem, see [2], [18], [23], and also [5]. The following definition of the obstacle problem with  $\psi \in C(\bar{\Omega}_T)$  as an obstacle, is taken from [23].

**Definition 2.5.** Let  $\psi \in C(\overline{\Omega}_T)$ , and consider the class

$$\mathcal{S}_\psi = \{\hat{u} : u \text{ is a weak supersolution, } \hat{u} \geq \psi \text{ in } \Omega_T\}.$$

Define the function

$$w(x, t) = \inf_u u(x, t),$$

where the infimum is taken over the whole class  $\mathcal{S}_\psi$ . We say that its regularization

$$u(x, t) := \hat{w}(x, t)$$

is the solution to the obstacle problem.

In potential theory, the function in the above definition is often called the *balayage*, and it has the following basic properties, see [18] and [23]:

- (i)  $u \in C(\overline{\Omega}_T)$ ,
- (ii)  $u$  is a weak solution in the set  $\{(x, t) \in \Omega_T : u(x, t) > \psi(x, t)\}$ , and
- (iii)  $u$  is the smallest weak supersolution above  $\psi$ , i.e. if  $v$  is a weak supersolution in  $\Omega_T$  and  $v \geq \psi$ , then  $v \geq u$ .

Continuity of the obstacle can be dropped in the definition of the obstacle problem without losing (iii). Indeed, a special case we are often going to utilize is the characteristic functions of a compact set  $K \subset \Omega_\infty$ ,

$$\psi = \chi_K.$$

We denote the solution to this obstacle problem by  $\hat{R}_K$ . This function is sometimes called a balayage/réduite, and it can also be seen as a capacitary potential for the following reason:  $\hat{R}_K$  is a supersolution by Theorem 2.4, and thus there is a Radon measure  $\mu_K$  related to this solution through (2.3). Moreover,  $\text{supp } \mu_K \subset K$  and it is shown in [13, Theorem 5.7] that

$$\text{cap}(K, \Omega_\infty) = \mu_K(K). \quad (2.4)$$

**2.3. Parabolic capacities.** Next define the functional spaces

$$\mathcal{V}(\Omega_T) = L^p(0, T; W_0^{1,p}(\Omega)), \quad \mathcal{V}'(\Omega_T) = (L^p(0, T; W_0^{1,p}(\Omega)))',$$

with norms

$$\|v\|_{\mathcal{V}(\Omega_T)} = \left( \int_{\Omega_T} |\nabla v|^p dx dt \right)^{1/p}, \quad \|v\|_{\mathcal{V}'(\Omega_T)} = \sup_{\|\phi\|_{\mathcal{V}(\Omega_T)} \leq 1, \phi \in C_0^\infty(\Omega_T)} \left| \int_{\Omega_T} v \phi dx dt \right|.$$

We also define

$$\mathcal{W}(\Omega_T) = \{u \in \mathcal{V}(\Omega_T) : \partial_t u \in \mathcal{V}'(\Omega_T)\},$$

equipped with the natural norm  $\|u\|_{\mathcal{V}} + \|\partial_t u\|_{\mathcal{V}'}$ , which can equivalently be written as

$$\|u\|_{\mathcal{V}(\Omega_T)} + \|\partial_t u\|_{\mathcal{V}'(\Omega_T)} = \|u\|_{\mathcal{V}(\Omega_T)} + \sup_{\|\phi\|_{\mathcal{V}(\Omega_T)} \leq 1, \phi \in C_0^\infty(\Omega_T)} \left| \int_{\Omega_T} u \partial_t \phi dx dt \right|.$$

A first observation, when generalizing the approach in [25] to the nonlinear setting, is that one of the fundamental structures of the  $p$ -parabolic equation (2.1) is invariance w.r.t. intrinsic rescaling. Let  $u$  be a  $p$ -superparabolic function in  $\Omega_\infty$ , then we can define its energy as follows

$$\|u\|_{\text{en}, \Omega_T} = \sup_{0 < t < T} \frac{1}{2} \int_{\Omega} u^2(x, t) dx + \int_0^T \int_{\Omega} |\nabla u|^p dx dt.$$

If we instead consider  $v(x, t) = \lambda^{-1}u(x, \lambda^{2-p}t)$ , then  $v$  is still  $p$ -superparabolic in  $\Omega_\infty$  and its energy has changed as follows

$$\|v\|_{\text{en}, \Omega_\infty} = \frac{\|u\|_{\text{en}, \Omega_\infty}}{\lambda^2}.$$

We would like  $\text{cap}_{\text{var}}$  to reflect this, and therefore define the anisotropic quantity in  $\mathcal{W}$  as

$$\|v\|_{\mathcal{W}(\Omega_T)} := \|v\|_{\mathcal{V}(\Omega_T)}^p + \|\partial_t v\|_{\mathcal{V}'(\Omega_T)}^{p'},$$

where  $1/p + 1/p' = 1$ . The above quantity now scales as  $\lambda^2$  w.r.t. the intrinsic rescaling, but in order to encode the geometry within the definition, we set

**Definition 2.6.** For any compact set  $K \subset \Omega_T$ , we define

$$\text{cap}_{\text{var}}(K, \Omega_T) = \inf\{\lambda^2 : \lambda^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda^{2-p}T})}, v \in C_0^\infty(\Omega \times \mathbb{R}), v \geq \chi_K\}.$$

If  $T = \infty$ , we use the definition

$$\text{cap}_{\text{var}}(K, \Omega_\infty) = \inf\{\|v\|_{\mathcal{W}(\Omega_\infty)} : v \in C_0^\infty(\Omega \times \mathbb{R}), v \geq \chi_K\}.$$

A couple of remarks are in order. First, note that Definition 2.6 is for compact sets. Second, although being intrinsic in nature via the anisotropic nature of  $\|\cdot\|_{\mathcal{W}(\Omega_T)}$ , the capacity  $\text{cap}_{\text{var}}(K, \Omega_\infty)$  only minimizes w.r.t. a quasi-norm without any intrinsic conditions. Third, note that for an arbitrary  $v \in \mathcal{W}(\Omega_\infty)$  we can always find a unique solution  $\lambda \geq 0$  to the equation

$$\lambda^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda^{2-p}T})}.$$

In fact, since  $\lambda \mapsto \lambda^2$  is strictly increasing and for a given  $v$ ,  $\lambda \mapsto \|v\|_{\mathcal{W}(\Omega_{\lambda^{2-p}T})}$  is non-increasing, we see that for each smooth  $v$  there exists a unique solution  $\lambda$  to the above equation. We define the variational capacity for more general sets in the usual way:

**Definition 2.7.** Let  $U \subset \Omega_T$  be an open set, then we define the *intrinsic variational capacity* as the limit of exhaustions of compact sets, i.e.

$$\text{cap}_{\text{var}}(U, \Omega_T) = \sup\{\text{cap}_{\text{var}}(K, \Omega_T) : K \text{ is compact, and } K \subset U\}.$$

For Borel sets  $B$  we define it as follows,

$$\text{cap}_{\text{var}}(B, \Omega_T) = \inf\{\text{cap}_{\text{var}}(U, \Omega_T) : U \text{ is open, and } B \subset U\}.$$

For lack of a better name, we have taken liberty to call the above quantity the variational capacity, due to its connections to the capacity as well as due to the elliptic analogy.

### 3. PROPERTIES OF THE VARIATIONAL CAPACITY

We start by listing some very basic properties of the variational capacity. For this, let  $\Omega' \subset \Omega$  and  $0 < T_1 \leq T \leq T_2 \leq +\infty$ . Let  $K, K_1$ , and  $K_2$  be compact sets of  $\Omega'_T := \Omega' \times (0, T)$  such that  $K_1 \subset K_2$ . Then the following properties hold:

$$\text{cap}_{\text{var}}(K, \Omega_T) < +\infty,$$

$$\text{cap}_{\text{var}}(K_1, \Omega_T) \leq \text{cap}_{\text{var}}(K_2, \Omega_T), \tag{3.1}$$

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq \text{cap}_{\text{var}}(K, \Omega'_T), \tag{3.2}$$

$$\text{cap}_{\text{var}}(K, \Omega_{T_1}) \leq \text{cap}_{\text{var}}(K, \Omega_{T_2}). \tag{3.3}$$

The next lemma turns out to be crucial in what follows, it allows us to reduce the analysis to finite collections of space-time cylinders instead of general compact sets.

**Lemma 3.1.** *Let  $K_i$ ,  $i = 1, 2, \dots$  be compact sets in  $\Omega_T$  such that  $K_1 \supset K_2 \supset \dots$ , then*

$$\lim_{i \rightarrow \infty} \text{cap}_{\text{var}}(K_i, \Omega_T) = \text{cap}_{\text{var}}(\cap_i K_i, \Omega_T).$$

*Proof.* Let  $K := \cap_i K_i$ . From (3.1) we get

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq \text{cap}_{\text{var}}(K_i, \Omega_T),$$

and by passing to the limit as  $i \rightarrow \infty$  ( $\text{cap}_{\text{var}}(K_i, \Omega_T)$  is non-increasing), we get

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq \lim_{i \rightarrow \infty} \text{cap}_{\text{var}}(K_i, \Omega_T).$$

To prove the reverse inequality, the idea is to choose  $v \geq \chi_K$  which can be used to approximate  $\text{cap}_{\text{var}}(K, \Omega_T)$  closely. Then multiplying  $v$  by a constant slightly larger than 1, we get an admissible test-function for the capacity of  $K_i$  for  $i$  large enough. Yet, as the constant is close to one, we only make a small error.

To work out the details, set  $\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_T)$ . For any  $\epsilon > 0$ , there exists  $v \in C_0^\infty(\Omega \times \mathbb{R})$ ,  $v \geq \chi_K$  such that  $\lambda_v^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda_v^2 - p_T})}$  and

$$\lambda_v^2 \leq \text{cap}_{\text{var}}(K, \Omega_T) + \epsilon.$$

Next, note that since  $v$  is smooth we know that for any  $\gamma > 0$  there exists  $i_0 := i_0(\gamma)$  such that

$$v_\gamma := (1 - \gamma)^{-1}v \geq \chi_{K_i},$$

for  $i \geq i_0$ . Hence for  $\lambda_\gamma$  satisfying  $\lambda_\gamma^2 = \|v_\gamma\|_{\mathcal{W}(\Omega_{\lambda_\gamma^2 - p_T})}$  we have

$$\lambda_\gamma^2 \geq \text{cap}_{\text{var}}(K_i, \Omega_T).$$

Furthermore, by scaling properties

$$\|v_\gamma\|_{\mathcal{W}(\Omega_{\lambda_\gamma^2 - p_T})} \leq (1 - \gamma)^{-p} \lambda_v^2.$$

Moreover, since

$$\lambda_v^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda_v^2 - p_T})} \leq \|v_\gamma\|_{\mathcal{W}(\Omega_{\lambda_\gamma^2 - p_T})},$$

we clearly have that  $\lambda_v \leq \lambda_\gamma$  due to the definition of  $\lambda_\gamma$ . This now implies that

$$\lambda_\gamma^2 = \|v_\gamma\|_{\mathcal{W}(\Omega_{\lambda_\gamma^2 - p_T})} \leq \|v\|_{\mathcal{W}(\Omega_{\lambda_v^2 - p_T})} \leq (1 - \gamma)^{-p} \lambda_v^2. \quad (3.4)$$

It also holds that

$$\text{cap}_{\text{var}}(K_i, \Omega_T) \leq \lambda_\gamma^2 \leq (1 - \gamma)^{-p} \lambda_v^2.$$

Indeed, the first inequality holds by definition of  $\text{cap}_{\text{var}}(K_i, \Omega_T)$ , and the second inequality follows from (3.4). We now see that

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq \text{cap}_{\text{var}}(K_i, \Omega_T) \leq \lambda_\gamma^2 \leq (1 - \gamma)^{-p} \lambda_v^2 \leq (1 - \gamma)^{-p} (\text{cap}_{\text{var}}(K, \Omega_T) + \epsilon),$$

for any  $i \geq i_0(\gamma)$ . Letting first  $i \rightarrow \infty$  and then  $\gamma \rightarrow 0$ , we see that

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq \lim_{i \rightarrow \infty} \text{cap}_{\text{var}}(K_i, \Omega_T) \leq \text{cap}_{\text{var}}(K, \Omega_T) + \epsilon.$$

Since  $\epsilon > 0$  was arbitrary, we conclude the proof.  $\square$

**Lemma 3.2.** *Let  $K$  be a compact set in  $\Omega_\infty$ . Then*

$$\lim_{T \rightarrow \infty} \text{cap}_{\text{var}}(K, \Omega_T) = \text{cap}_{\text{var}}(K, \Omega_\infty).$$

*Proof.* The proof goes as follows. For large enough  $T$  we find a test-function almost realizing the capacity. If  $T$  is large enough, we may multiply the obtained function by a cut-off function in time without changing the norm too much. This new function is admissible to test the capacity related to the reference set  $\Omega_\infty$  and for large  $T$  the error becomes arbitrarily small.

Let us go to the details. Define  $\lambda_T^2 = \text{cap}_{\text{var}}(K, \Omega_T)$  for  $T > 0$  and note that (3.3) says that  $\lambda_T$  is nondecreasing with respect to  $T$ . Thus the limit  $\lim_{T \rightarrow \infty} \lambda_T^2$  exists and we have

$$\lambda^2 := \lim_{T \rightarrow \infty} \lambda_T^2 = \lim_{T \rightarrow \infty} \text{cap}_{\text{var}}(K, \Omega_T) \leq \text{cap}_{\text{var}}(K, \Omega_\infty) < \infty. \quad (3.5)$$

Now, for given  $\epsilon > 0$  let  $T$  be so large that

$$K \subset \Omega \times (0, (\lambda^2 + \epsilon)^{(2-p)/2} T/2)$$

holds. By the definition of variational capacity  $\text{cap}_{\text{var}}(K, \Omega_T)$  we may choose  $v_\epsilon \in C_0^\infty(\Omega \times \mathbb{R})$  such that  $v_\epsilon \geq \chi_K$  and

$$0 < \lambda_{v_\epsilon}^2 := \|v_\epsilon\|_{\mathcal{W}(\Omega_{\lambda_{v_\epsilon}^2 - pT})} \leq \lambda_T^2 + \epsilon \leq \lambda^2 + \epsilon, \quad \lambda_{v_\epsilon} \geq \lambda_T. \quad (3.6)$$

Denote  $\tau := \lambda_{v_\epsilon}^{2-p} T/2$ . By above two displays we have that  $K \subset \Omega \times (0, \tau)$ . Let  $\theta \in C_0^\infty(-\infty, 2\tau)$  be such that  $\theta = 1$  in  $(0, \tau)$ ,  $0 \leq \theta \leq 1$ , and  $|\theta'| \leq 2/\tau$ . Then  $v_\epsilon \theta \geq \chi_K$  and for any function  $\phi \in \mathcal{V}(\Omega_\infty)$  we have that

$$\begin{aligned} |\langle \partial_t(v_\epsilon \theta), \phi \rangle_{\mathcal{V}(\Omega_\infty)}| &= \left| \int_0^{2\tau} \int_\Omega v_\epsilon \theta \partial_t \phi \, dx \, dt \right| \\ &= \left| \int_0^{2\tau} \int_\Omega v_\epsilon \partial_t(\theta \phi) \, dx \, dt - \int_0^{2\tau} \int_\Omega v_\epsilon \phi \theta' \, dx \, dt \right| \\ &\leq \|\partial_t v_\epsilon\|_{\mathcal{V}'(\Omega_{2\tau})} \|\phi\|_{\mathcal{V}(\Omega_{2\tau})} + \frac{2}{\tau} \|v_\epsilon \phi\|_{L^1(\Omega_{2\tau})} \\ &\leq \left( \|\partial_t v_\epsilon\|_{\mathcal{V}'(\Omega_{2\tau})} + \frac{c}{\tau} \|v_\epsilon\|_{L^{p'}(\Omega_{2\tau})} \right) \|\phi\|_{\mathcal{V}(\Omega_{2\tau})} \\ &\leq \left( \|\partial_t v_\epsilon\|_{\mathcal{V}'(\Omega_{2\tau})} + c\tau^{-2/p} \|v_\epsilon\|_{\mathcal{V}(\Omega_{2\tau})} \right) \|\phi\|_{\mathcal{V}(\Omega_{2\tau})}. \end{aligned}$$

Therefore by the above calculation, the definitions of the involved quantities and Jensen's inequality, we obtain

$$\begin{aligned} \|v_\epsilon \theta\|_{\mathcal{W}(\Omega_\infty)} &\leq \|v_\epsilon\|_{\mathcal{V}(\Omega_{2\tau})}^p + \|\partial_t(v_\epsilon \theta)\|_{\mathcal{V}'(\Omega_{2\tau})}^{p'} \\ &\leq \|v_\epsilon\|_{\mathcal{V}(\Omega_{2\tau})}^p + (1 + c\tau^{-2/p})^{p'} \left( \frac{\|\partial_t v_\epsilon\|_{\mathcal{V}'(\Omega_{2\tau})} + c\tau^{-2/p} \|v_\epsilon\|_{\mathcal{V}(\Omega_{2\tau})}}{1 + c\tau^{-2/p}} \right)^{p'} \\ &\leq \|v_\epsilon\|_{\mathcal{W}(\Omega_{2\tau})} + \left( (1 + c\tau^{-2/p})^{p'-1} - 1 \right) \|\partial_t v_\epsilon\|_{\mathcal{V}'(\Omega_{2\tau})}^{p'} \\ &\quad + c\tau^{-2/p} (1 + c\tau^{-2/p})^{p'-1} \|v_\epsilon\|_{\mathcal{V}(\Omega_{2\tau})}^{p'} \\ &\leq (1 + \tilde{c}\tau^{-2/p}) \|v_\epsilon\|_{\mathcal{W}(\Omega_{2\tau})} \\ &= (1 + \tilde{c}\lambda_{v_\epsilon}^{2(p-2)/p} T^{-2/p}) \lambda_{v_\epsilon}^2, \end{aligned}$$

where the constant  $\tilde{c}$  depends only on  $p$  and  $\Omega$ . Since  $v_\epsilon \theta \geq \chi_K$ , it is admissible to test variational capacity  $\text{cap}_{\text{var}}(K, \Omega_\infty)$ , thus we have by the above display, (3.5), and (3.6) that

$$\lambda^2 \leq \text{cap}_{\text{var}}(K, \Omega_\infty) \leq \|v_\epsilon \theta\|_{\mathcal{W}(\Omega_\infty)} \leq (1 + \tilde{c}(\lambda^2 + \epsilon)^{(p-2)/p} T^{-2/p}) (\lambda^2 + \epsilon).$$

Letting  $T \rightarrow \infty$  and then  $\epsilon \rightarrow 0$  implies that  $\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_\infty)$  finishing also the proof since  $\lambda^2 = \lim_{T \rightarrow \infty} \text{cap}_{\text{var}}(K, \Omega_T)$ .  $\square$



#### 4. EQUIVALENCES OF DIFFERENT CAPACITIES

In this section, we first prove the main theorem, the equivalence between the capacity and the variational capacity, in the special case that  $K$  is a finite union of space-time cylinders. The structure of such sets is much simpler, which allows us to derive estimates using test-functions mollified in time, since we can control the change in the mollification, cf. (4.2). We first prove the equivalence between the energy capacity, defined below, and the nonlinear parabolic capacity. Then we establish the equivalence between the energy and variational capacities.

Later, in Theorem 4.8, we extend the result to any compact set by approximating  $K$  with a finite unions of cylinders. Finally, we pass to a limit as  $T \rightarrow \infty$ .

**4.1. Energy capacity versus nonlinear parabolic capacity.** To prove Theorem 4.7 let us first introduce an intermediate notion of capacity defined in terms of the energy

$$\|u\|_{\text{en}, \Omega_T} = \sup_{0 < t < T} \frac{1}{2} \int_{\Omega} u^2(x, t) dx + \int_0^T \int_{\Omega} |\nabla u|^p dx dt.$$

The energy capacity is defined as

$$\text{cap}_{\text{en}}(K, \Omega_T) = \inf\{\|u\|_{\text{en}, \Omega_T} : u \in \mathcal{V}(\Omega_T), u \text{ is } p\text{-superparabolic in } \Omega_T, u \geq \chi_K\}.$$

**Theorem 4.1.** *Let  $K \subset \Omega_T$  be a finite family of compact space-time cylinders. Then*

$$\text{cap}_{\text{en}}(K, \Omega_T) \approx \text{cap}(K, \Omega_{\infty}).$$

*Proof.* First, we give a rough description of the steps of the proof. Let

$$u_K = \widehat{R}_K$$

be the capacity potential of  $K$ , and  $\mu_K$  be the corresponding Radon measure in (2.3). To prove that  $\text{cap}_{\text{en}}(K, \Omega_T) \leq 2 \text{cap}(K, \Omega_T)$ , we use the fact that  $\text{cap}(K, \Omega_{\infty}) = \mu_K(\Omega_T)$ , and estimate the right hand side from below by testing the measure data equation

$$\partial_t u_K - \Delta_p u_K = \mu_K, \tag{4.1}$$

formally with the test-function  $\phi = u_K$ , see (2.3). The reverse inequality follows in a straightforward manner by testing the measure data equation above, with a supersolution  $u$  for which  $u = 1$  on  $K$ , and using the fact that  $u$  is a supersolution.

To work out the details, let  $\chi_{h,t} \in C_0^{\infty}(0, T)$  be a cutoff function in time approximating  $\chi_{(0,t)}$ . To be more precise,  $\chi_{h,t}$  increases pointwise to  $\chi_{(0,t)}$  as  $h \rightarrow 0$  and  $\chi_{h,t} = 1$  on  $[h, t - h]$ . Fix  $h$ . After a standard density argument,  $((u_K)_{\epsilon} \chi_{h,t})_{\epsilon}$  is an admissible test-function in (2.3) for small enough  $\epsilon$ . Recall that  $(\cdot)_{\epsilon}$  is the standard mollification only over the time variable.

By Fubini's theorem, we obtain

$$\begin{aligned} \mu_K(\Omega_T) &\geq \int_0^t \int_{\Omega} ((u_K)_{\epsilon} \chi_{h,t})_{\epsilon} d\mu_K \\ &= - \int_0^t \int_{\Omega} (u_K)_{\epsilon} \partial_t (u_K)_{\epsilon} \chi_{h,t} dx ds - \int_0^t \int_{\Omega} (u_K)_{\epsilon}^2 \chi'_{h,t} dx ds \\ &\quad + \int_0^t \int_{\Omega} |\nabla u_K|^{p-2} \nabla u_K \cdot \nabla ((u_K)_{\epsilon} \chi_{h,t})_{\epsilon} dx ds. \end{aligned}$$

Now

$$- \int_0^t \int_{\Omega} (u_K)_{\epsilon} \partial_t (u_K)_{\epsilon} \chi_{h,t} dx ds - \int_0^t \int_{\Omega} (u_K)_{\epsilon}^2 \chi'_{h,t} dx ds \rightarrow \frac{1}{2} \int_{\Omega} u_K^2(x, t) dx,$$

and

$$\int_0^t \int_{\Omega} (|\nabla u_K|^{p-2} \nabla u_K)_\epsilon \cdot \nabla (u_K)_\epsilon \chi_{h,t} dx ds \rightarrow \int_0^t \int_{\Omega} |\nabla u_K|^p dx ds,$$

for almost every  $t \in (0, T)$  as first  $\epsilon \rightarrow 0$  and then  $h \rightarrow 0$ . Hence

$$\mu_K(\Omega_T) \geq \frac{1}{2} \int_{\Omega} u_K^2(x, t) dx + \int_0^t \int_{\Omega} |\nabla u_K|^p dx ds$$

follows for almost every  $t \in (0, T)$ . Taking essential supremum over  $t$  leads to

$$2\mu_K(\Omega_T) \geq \sup_{0 < t < T} \frac{1}{2} \int_{\Omega} u_K^2(x, t) dx + \int_0^T \int_{\Omega} |\nabla u_K|^p dx dt.$$

On the other hand, since  $K$  is a finite union of space-time cylinders, we know that for  $\epsilon, h > 0$  small enough, the following holds

$$4^{-1} \chi_K \leq ((u_K)_\epsilon \chi_{h,T})_\epsilon \leq 1. \quad (4.2)$$

Because of (4.2) and passing to the limit as above we can estimate

$$\begin{aligned} 4^{-1} \mu_K(\Omega_T) &\leq \frac{1}{2} \int_{\Omega} u_K^2(x, T) dx + \int_0^T \int_{\Omega} |\nabla u_K|^p dx dt \\ &\leq \sup_t \frac{1}{2} \int_{\Omega} u_K^2(x, t) dx + \int_0^T \int_{\Omega} |\nabla u_K|^p dx dt. \end{aligned}$$

Therefore, since  $\text{cap}(K, \Omega_\infty) = \mu_K(\Omega_T)$ , we obtain

$$2^{-1} \|u_K\|_{\text{en}, \Omega_T} \leq \text{cap}(K, \Omega_\infty) \leq 4 \|u_K\|_{\text{en}, \Omega_T}, \quad (4.3)$$

which implies that

$$\text{cap}_{\text{en}}(K, \Omega_T) \leq 2 \text{cap}(K, \Omega_\infty).$$

To prove the other direction, let  $u$  be a supersolution such that  $u = 1$  on  $K$ ,  $u(x, 0) = 0$ , and vanishes on the lateral boundary. Using  $(u_\epsilon \chi_{h,T})_\epsilon$  as a test-function for the measure data equation for  $u_K$ , (2.3), we get from (2.4) that

$$\begin{aligned} 4^{-1} \text{cap}(K, \Omega_\infty) &\leq \int (u_\epsilon \chi_{h,T})_\epsilon d\mu_K \\ &= - \int_0^T \int_{\Omega} (u_K)_\epsilon \partial_t u_\epsilon \chi_{h,T} dx dt - \int_0^T \int_{\Omega} (u_K)_\epsilon u_\epsilon \chi'_{h,T} dx dt \\ &\quad + \int_0^T \int_{\Omega} (|\nabla u_K|^{p-2} \nabla u_K)_\epsilon \cdot \nabla u_\epsilon \chi_{h,T} dx dt. \end{aligned}$$

Furthermore, first using integration by parts, and then using  $((u_K)_\epsilon \chi_{h,T})_\epsilon$  as a test-function in (2.2) for  $u$ , we get

$$\begin{aligned} - \int_0^T \int_{\Omega} (u_K)_\epsilon \partial_t u_\epsilon \chi_{h,T} dx dt &= \int_0^T \int_{\Omega} u \partial_t ((u_K)_\epsilon \chi_{h,T})_\epsilon dx dt \\ &\leq \int_0^T \int_{\Omega} |\nabla u|^{p-2} \nabla u \cdot \nabla ((u_K)_\epsilon \chi_{h,T})_\epsilon dx dt. \end{aligned}$$

Using the above two displays, first taking the limit as  $\epsilon \rightarrow 0$  and then as  $h \rightarrow 0$ , gives us with the aid of Young's inequality that

$$4^{-1} \text{cap}(K, \Omega_\infty) \leq \int_{\Omega} u_K(x, T) u(x, T) dx + \int_0^T \int_{\Omega} |\nabla u|^{p-2} \nabla u \cdot \nabla u_K dx dt$$

$$\begin{aligned}
& + \int_0^T \int_{\Omega} |\nabla u_K|^{p-2} \nabla u_K \cdot \nabla u \, dx \, dt \\
& \leq \delta \|u_K\|_{\text{en}, \Omega_T} + c(\delta) \|u\|_{\text{en}, \Omega_T}.
\end{aligned}$$

Recalling (4.3) and choosing small enough  $\delta$ , we may absorb the first term on the right-hand side into the left-hand side. Further, recalling the definition of  $\text{cap}_{\text{en}}$ , we get

$$\text{cap}(K, \Omega_{\infty}) \leq c \text{cap}_{\text{en}}(K, \Omega_T). \quad \square$$

**4.2. Variational capacity versus energy capacity.** In Theorem 4.2, given a non-negative supersolution  $u \in \mathcal{V}(\Omega_T) = L^p(0, T; W_0^{1,p}(\Omega))$ , we construct, by using a backwards in time equation with a right hand side depending on  $u$ , a solution  $v \in \mathcal{W}(\Omega_T) = \{v \in \mathcal{V}(\Omega_T) : \partial_t v \in \mathcal{V}'(\Omega_T)\}$  such that by the comparison principle  $v \geq u$ . The suitably chosen exponents in the definition of  $\|\cdot\|_{\mathcal{W}(\Omega_T)}$  allow us to obtain  $\|v\|_{\mathcal{W}(\Omega_T)} \leq c\|u\|_{\text{en}, \Omega_T}$  by a direct estimation starting from the backwards-in-time equation.

On the other hand, in Theorem 4.4, given a smooth non-negative  $v$  with zero boundary values, we show that there exists a supersolution  $u$  such that  $u \geq v$  a.e. and  $\|u\|_{\text{en}} \leq c\|v\|_{\mathcal{W}}$  in a suitable intrinsic geometry. In the proof, we construct  $u$  as a solution to the obstacle problem using rescaled  $v$  as an obstacle, and then derive the above inequality by using a suitable test-function in the weak equation for  $u$ .

Finally, combining these results in Theorem 4.6 we end up with

$$\text{cap}_{\text{var}}(K, \Omega_T) \approx \text{cap}_{\text{en}}(K, \Omega_{\lambda^{2-p}T}).$$

As we already know by Theorem 4.1 that  $\text{cap}_{\text{var}}(K, \Omega_T) \approx \text{cap}(K, \Omega_{\infty})$ , we obtain the main result

$$\text{cap}_{\text{var}}(K, \Omega_{\infty}) \approx \text{cap}(K, \Omega_{\infty}),$$

by passing to the limit  $T \rightarrow \infty$ .

The proof of the next theorem follows the ideas in [25]. Indeed, the use of a backward-in-time equation is taken from there.

**Theorem 4.2.** *For each non-negative bounded supersolution  $u \in \mathcal{V}(\Omega_T)$ , there exists a function  $v \in \mathcal{W}(\Omega_T)$  such that  $v \geq u$  and*

$$\|v\|_{\mathcal{W}(\Omega_T)} \leq c\|u\|_{\text{en}, \Omega_T}$$

with  $c = c(p)$ .

*Proof.* Let  $\tau \in (0, T)$  be a Lebesgue instant for  $u$  and let  $v^{\tau} \in L^p(0, \tau; W_0^{1,p}(\Omega))$  be the solution to the following problem

$$\begin{cases} \partial_t v^{\tau} - \Delta_p v^{\tau} = 0, & \text{in } \Omega \times (\tau, \infty) \\ v^{\tau}(x, \tau) = u(x, \tau). \end{cases}$$

Let now  $u^{\tau}$  be such that

$$\begin{cases} u^{\tau}(x, t) = u(x, t), & \text{if } t < \tau \\ u^{\tau}(x, t) = v^{\tau}(x, t), & \text{if } t \geq \tau, \end{cases}$$

from this we find that  $u^{\tau} \in \mathcal{V}(\Omega_{\infty})$  and  $\|u^{\tau}\|_{\text{en}, \Omega_{\infty}} \leq c\|u\|_{\text{en}, \Omega_T}$  follows by using (2.2). Since the set of Lebesgue instants  $\tau \in (0, T)$  have full measure we see that there exists a sequence of Lebesgue instants converging to  $T$ , call this sequence  $\{\tau_j\}$ . We can now easily see that  $u^{\tau_j}$  is an increasing sequence of supersolutions that converges pointwise to a bounded supersolution  $\bar{u}$ , which coincides with  $u$  in  $\Omega \times (0, T)$ . Moreover we can deduce

that  $\|\bar{u}\|_{\text{en}, \Omega_\infty} \leq c\|u\|_{\text{en}, \Omega_T}$ , since the sequence also converges in  $\mathcal{V}(\Omega_\infty)$  by Lebesgue dominated convergence.

Let us now take any Lebesgue instant for  $\bar{u}$  that is bigger than  $T$ , from now on we call this instant  $\tau$ , and we will rename  $\bar{u}$  as  $u$ . Solve the equation

$$\begin{cases} -\partial_t v - \Delta_p v = -2\Delta_p u \\ v(x, \tau) = u(x, \tau) \end{cases} \quad (4.4)$$

in  $\Omega_\tau$  with zero lateral boundary values. The right hand side is naturally interpreted as  $\int 2|\nabla u|^{p-2} \nabla u \cdot \nabla \phi dz$ . Equation (4.4) has the unique solution  $v \in \mathcal{W}(\Omega_\tau)$ , since we know that  $u \in \mathcal{V}(\Omega_\tau)$  and hence  $\Delta_p u \in \mathcal{V}'(\Omega_\tau)$ .

Now choose the mollified test-function  $\phi = (v_\epsilon \chi_{h,\tau})_\epsilon$ , where again  $\chi_{h,\tau} = 1$  in  $[h, \tau - h]$ ,  $\chi_{h,\tau} \in C_0^\infty(0, \tau)$  and subscript  $\epsilon$  denotes mollification in time. Testing the weak formulation of equation (4.4) with  $\phi$  and passing to the limit as  $\epsilon \rightarrow 0$  similarly as in Theorem 4.1, we obtain

$$\frac{1}{2} \int_{\Omega_\tau} v^2 \chi'_{h,\tau} dx dt + \int_{\Omega_\tau} |\nabla v|^p \chi_{h,\tau} dx dt = 2 \int_{\Omega_\tau} |\nabla u|^{p-2} \nabla u \cdot \nabla v \chi_{h,\tau} dx dt.$$

Passing to the limit as  $h \rightarrow 0$  we obtain by Young's inequality that

$$-\frac{1}{2} \int_{\Omega} v^2(x, \tau) dx + \frac{1}{2} \int_{\Omega} v^2(x, 0) dx + c \int_{\Omega_\tau} |\nabla v|^p dx dt \leq c \int_{\Omega_\tau} |\nabla u|^p dx dt,$$

which gives together with the terminal data of  $v$  that

$$\int_{\Omega_\tau} |\nabla v|^p dx dt \leq c \left( \frac{1}{2} \int_{\Omega} u^2(x, \tau) dx + \int_{\Omega_\tau} |\nabla u|^p dx dt \right) \leq c\|u\|_{\text{en}, \Omega_\tau}. \quad (4.5)$$

Let us now consider the dual norm. We have by (4.4) and Hölder's inequality that

$$\begin{aligned} \|\partial_t v\|_{\mathcal{V}'(\Omega_\tau)} &= \sup_{\|\phi\|_{\mathcal{V}(\Omega_\tau)} \leq 1} \left| \int_{\Omega_\tau} v \partial_t \phi dx dt \right| \\ &\leq \sup_{\|\phi\|_{\mathcal{V}(\Omega_\tau)} \leq 1} \left[ \left| \int_{\Omega_\tau} |\nabla v|^{p-2} \nabla v \cdot \nabla \phi dx dt \right| + 2 \left| \int_{\Omega_\tau} |\nabla u|^{p-2} \nabla u \cdot \nabla \phi dx dt \right| \right] \\ &\leq c \left( \|v\|_{\mathcal{V}(\Omega_\tau)}^p + \|u\|_{\mathcal{V}(\Omega_\tau)}^p \right)^{1/p'}, \end{aligned}$$

where  $\phi \in C_0^\infty(\Omega_\tau)$  and  $1/p + 1/p' = 1$  so that  $1/p' = (p-1)/p$ . Since

$$\|v\|_{\mathcal{V}(\Omega_\tau)}^p + \|u\|_{\mathcal{V}(\Omega_\tau)}^p \leq c\|u\|_{\text{en}, \Omega_\tau},$$

holds by (4.5) and definition of  $\|u\|_{\text{en}, \Omega_T}$ , we also get

$$\|\partial_t v\|_{\mathcal{V}'(\Omega_\tau)}^{p'} \leq c\|u\|_{\text{en}, \Omega_\tau}.$$

Hence we conclude that

$$\|v\|_{\mathcal{W}(\Omega_\tau)} \leq c\|u\|_{\text{en}, \Omega_T}.$$

To check that  $v \geq u$ , we do the following formal computation

$$-\partial_t v - \Delta_p v = -2\Delta_p u \geq -\partial_t u - \Delta_p u,$$

based on (4.4) and the definition of a supersolution for  $u$ . Now we can use the comparison principle for backwards equations to conclude the inequality in  $\Omega_\tau$ . The rigorous

treatment goes via weak formulation and standard mollification argument. Indeed, subtracting the backwards equations in the weak form, passing to limits, and using the initial condition, we get for a.e.  $s \in (0, \tau)$  that

$$\begin{aligned} & \int_{\Omega} (u - v)_+^2(x, s) dx - 0 \\ & \leq - \int_{\Omega_\tau} (|\nabla u|^{p-2} \nabla u - |\nabla v|^{p-2} \nabla v) \cdot \nabla (u - v)_+ dx dt \\ & \leq 0. \end{aligned}$$

This implies that  $u \leq v$  a.e. in  $\Omega_\tau$ .  $\square$

The proof of Theorem 4.4 utilizes the following rescaling lemma.

**Lemma 4.3.** *Let  $v \in \mathcal{W}(\Omega_\infty)$ , and suppose that  $\lambda > 0$  is the intrinsic parameter satisfying*

$$\lambda^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda^{2-p}T})}.$$

Further, let

$$\tilde{v}(x, \tau) = \lambda^{-1} v(x, \lambda^{2-p} \tau).$$

Then

$$\|\tilde{v}\|_{\mathcal{V}(\Omega_T)}^p + \|\partial_\tau \tilde{v}\|_{\mathcal{V}'(\Omega_T)}^{p'} = 1. \quad (4.6)$$

*Proof.* Changing the variables as  $t = \lambda^{2-p} \tau$ , we get from the definition of the norms  $\|\cdot\|_{\mathcal{V}(\Omega_{\lambda^{2-p}T})}$  and  $\|\cdot\|_{\mathcal{V}(\Omega_T)}$ , that

$$\begin{aligned} \|v\|_{\mathcal{V}(\Omega_{\lambda^{2-p}T})} &= \left( \int_0^{\lambda^{2-p}T} \int_{\Omega} |\nabla v(x, t)|^p dx dt \right)^{1/p} \\ &= \left( \int_0^T \int_{\Omega} |\lambda \nabla \tilde{v}(x, \tau)|^p dx \lambda^{2-p} d\tau \right)^{1/p} = \lambda^{2/p} \|\tilde{v}\|_{\mathcal{V}(\Omega_T)}. \end{aligned}$$

To find out the scaling of the norm of the time derivative in the dual space we denote  $\bar{\phi}(x, \tau) = \phi(x, \lambda^{2-p} \tau)$  and observe by a similar calculation as above

$$\|\phi\|_{\mathcal{V}(\Omega_{\lambda^{2-p}T})} = \lambda^{(2-p)/p} \|\bar{\phi}\|_{\mathcal{V}(\Omega_T)}.$$

Now denoting  $\hat{\phi} = \lambda^{(2-p)/p} \bar{\phi}$  and rewriting

$$\begin{aligned} \|\partial_t v\|_{\mathcal{V}'(\Omega_{\lambda^{2-p}T})} &= \sup_{\|\phi\|_{\mathcal{V}(\Omega_{\lambda^{2-p}T})} \leq 1} |\langle v, \partial_t \phi \rangle| \\ &= \sup_{\|\phi\|_{\mathcal{V}(\Omega_{\lambda^{2-p}T})} \leq 1} \left| \int_0^{\lambda^{2-p}T} \int_{\Omega} v \partial_t \phi dx dt \right| \\ &= \sup_{\|\phi\|_{\mathcal{V}(\Omega_{\lambda^{2-p}T})} \leq 1} \left| \int_0^{\lambda^{2-p}T} \int_{\Omega} \lambda \tilde{v}(x, \lambda^{p-2} t) \lambda^{p-2} \partial_\tau \bar{\phi}(x, \lambda^{p-2} t) dx dt \right| \\ &= \sup_{\|\lambda^{(2-p)/p} \bar{\phi}\|_{\mathcal{V}(\Omega_T)} \leq 1} \left| \int_0^T \int_{\Omega} \lambda \tilde{v}(x, \tau) \lambda^{p-2} \partial_\tau \bar{\phi}(x, \tau) dx \lambda^{2-p} d\tau \right| \\ &= \sup_{\|\lambda^{(2-p)/p} \bar{\phi}\|_{\mathcal{V}(\Omega_T)} \leq 1} \left| \lambda^{1+(p-2)/p} \int_0^T \int_{\Omega} \tilde{v}(x, \tau) \lambda^{(2-p)/p} \partial_\tau \bar{\phi}(x, \tau) dx d\tau \right| \end{aligned}$$

$$\begin{aligned}
&= \lambda^{2/p'} \sup_{\|\hat{\phi}\|_{\mathcal{V}(\Omega_T)} \leq 1} \left| \int_0^T \int_{\Omega} \tilde{v}(x, \tau) \partial_{\tau} \hat{\phi}(x, \tau) dx d\tau \right| \\
&= \lambda^{2/p'} \|\partial_t \tilde{v}\|_{\mathcal{V}'(\Omega_T)},
\end{aligned}$$

because  $1 + (p - 2)/p = 2/p'$ . Therefore

$$\begin{aligned}
\lambda^2 &= \|v\|_{\mathcal{W}(\Omega_{\lambda^2-pT})} \\
&= \|v\|_{\mathcal{V}(\Omega_{\lambda^2-pT})}^p + \|\partial_t v\|_{\mathcal{V}'(\Omega_{\lambda^2-pT})}^{p'} \\
&= \lambda^2 \|\tilde{v}\|_{\mathcal{V}(\Omega_T)}^p + \lambda^2 \|\partial_t \tilde{v}\|_{\mathcal{V}'(\Omega_T)}^{p'} \\
&= \lambda^2 \|\tilde{v}\|_{\mathcal{W}(\Omega_T)}
\end{aligned}$$

holds, which is exactly (4.6) since  $\lambda > 0$ .  $\square$

**Theorem 4.4.** *Let  $v \in C_0^\infty(\Omega \times \mathbb{R})$  be non-negative. Let  $\lambda$  be the non-negative number such that*

$$\lambda^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda^2-pT})}.$$

*Then there exists a continuous non-negative supersolution  $u$  in  $\Omega_{\lambda^2-pT}$  such that  $u \geq v$  and*

$$\|u\|_{en, \Omega_{\lambda^2-pT}} \leq c \|v\|_{\mathcal{W}(\Omega_{\lambda^2-pT})},$$

*for a constant  $c = c(n, p)$ .*

*Proof.* Assume, without loss of generality, that  $\lambda > 0$ . Indeed, otherwise  $v$  is identically zero and we may simply take  $u = 0$ .

Let  $\tilde{v}$  be defined as in Lemma 4.3, then consider the obstacle problem with  $\tilde{v}$  as the obstacle in  $\Omega_T$ . Let  $\tilde{u}$  be the continuous solution to this problem. Note that  $\tilde{u}$  is a supersolution and that

$$\tilde{u} \geq \tilde{v} \quad \text{in } \Omega_T.$$

Moreover, since  $\partial\Omega$  is regular and  $\tilde{v}$  is continuous up to the parabolic boundary,  $\tilde{u}$  is continuous up to the parabolic boundary as well and  $\tilde{u} = \tilde{v}$  on  $\partial_p \Omega_T$ . Thus, for each  $\delta > 0$  we find an  $\epsilon, \epsilon > 0$ , such that

$$\psi = (((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau})_\epsilon,$$

vanishes on  $\partial_p \Omega_T$ . Here  $\chi_{h,\tau}$  is again a smooth approximation of a characteristic functions  $\chi_{(0,\tau)}$  where  $\tau \in (0, T)$ , and the subscript  $\epsilon$  refers to the standard time mollification. We may use  $\psi$  as a non-negative test-function in the weak formulation for  $\tilde{u}$ . Then using integration by parts, we obtain

$$\begin{aligned}
&\int_0^\tau \int_{\Omega} \frac{\partial \tilde{u}_\epsilon}{\partial t} ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt \\
&+ \int_0^\tau \int_{\Omega} (|\nabla \tilde{u}|^{p-2} \nabla \tilde{u})_\epsilon \cdot \nabla ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt = \int_0^\tau \int_{\Omega} \psi d\mu_{\tilde{u}}.
\end{aligned} \tag{4.7}$$

From this we obtain

$$\begin{aligned}
&\int_0^\tau \int_{\Omega} \frac{\partial \tilde{u}_\epsilon}{\partial t} ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt \\
&= \frac{1}{2} \int_0^\tau \int_{\Omega} \frac{\partial ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+^2}{\partial t} \chi_{h,\tau} dx dt \\
&+ \int_0^\tau \int_{\Omega} \frac{\partial \tilde{v}_\epsilon}{\partial t} ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt.
\end{aligned} \tag{4.8}$$

Using integration by parts on the first term on the right-hand side of (4.8), we get

$$\frac{1}{2} \int_0^\tau \int_\Omega \frac{\partial((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+^2}{\partial t} \chi_{h,\tau} dx dt = -\frac{1}{2} \int_0^\tau \int_\Omega ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+^2 \chi'_{h,\tau}(t) dx dt.$$

From the definition of  $\mathcal{W}$ , properties of standard mollifiers, and Lemma 4.3, we can estimate the second term on the right-hand side of (4.8) as

$$\int_0^\tau \int_\Omega \frac{\partial \tilde{v}_\epsilon}{\partial t} ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt \geq -\|\tilde{v}\|_{\mathcal{W}(\Omega_T)} \|\tilde{u} - \tilde{v}\|_{\mathcal{V}(\Omega_\tau)} \geq -\|\tilde{u} - \tilde{v}\|_{\mathcal{V}(\Omega_\tau)}.$$

Combining the previous two displays in (4.8), passing to a limit first in  $\epsilon$  and then in  $\delta$ , and using Lemma 4.3, we get

$$\begin{aligned} \limsup_{\delta, \epsilon \rightarrow 0} \int_0^\tau \int_\Omega \frac{\partial \tilde{u}_\epsilon}{\partial t} ((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt \\ \geq -\|\tilde{u}\|_{\mathcal{V}(\Omega_\tau)} - 1 - \frac{1}{2} \int_0^\tau \int_\Omega (\tilde{u} - \tilde{v})^2 \chi'_{h,\tau}(t) dx dt. \end{aligned}$$

Next, by Young's inequality and Lemma 4.3, we get

$$\begin{aligned} \lim_{\delta, \epsilon \rightarrow 0} \int_0^\tau \int_\Omega (|\nabla \tilde{u}|^{p-2} \nabla \tilde{u})_\epsilon \cdot \nabla((\tilde{u} - \tilde{v} - \delta)_\epsilon)_+ \chi_{h,\tau} dx dt \\ = \int_0^\tau \int_\Omega (|\nabla \tilde{u}|^{p-2} \nabla \tilde{u}) \cdot \nabla(\tilde{u} - \tilde{v}) \chi_{h,\tau} dx dt \\ \geq \int_0^\tau \int_\Omega |\nabla \tilde{u}|^p \chi_{h,\tau} dx dt - \int_0^\tau \int_\Omega |\nabla \tilde{u}|^{p-1} |\nabla \tilde{v}| \chi_{h,\tau} dx dt \\ \geq \frac{1}{p} \int_0^\tau \int_\Omega |\nabla \tilde{u}|^p \chi_{h,\tau} dx dt - \frac{1}{p} \int_0^\tau \int_\Omega |\nabla \tilde{v}|^p \chi_{h,\tau} dx dt \\ \geq \frac{1}{p} \int_0^\tau \int_\Omega |\nabla \tilde{u}|^p \chi_{h,\tau} dx dt - \frac{1}{p}. \end{aligned}$$

Finally, recall that since the obstacle  $\tilde{v}$  is continuous, the solution  $\tilde{u}$  is continuous and hence  $\psi_{\delta, \epsilon} \rightarrow 0$  on  $\{\tilde{u} = \tilde{v}\}$  uniformly as  $\delta, \epsilon \rightarrow 0$ . In addition, by the properties of the obstacle problem  $\text{supp } \mu_{\tilde{u}} \subset \{\tilde{u} = \tilde{v}\}$ . Thus combining the previous estimates with (4.7), we conclude that

$$\frac{1}{p} \int_0^\tau \int_\Omega |\nabla \tilde{u}|^p \chi_{h,\tau} dx dt - \frac{1}{2} \int_0^\tau \int_\Omega (\tilde{u} - \tilde{v})^2 \chi'_{h,\tau}(t) dx dt \leq \|\tilde{u}\|_{\mathcal{V}(\Omega_\tau)} + \frac{p+1}{p}.$$

Passing to a limit  $h \rightarrow 0$ , using the initial condition, and choosing  $\tau$  to be a Lebesgue instant such that  $\int_\Omega \tilde{u}^2(x, \tau) dx \geq \frac{1}{2} \sup_{0 < t < T} \int_\Omega \tilde{u}^2 dx$ , we end up with

$$\int_0^T \int_\Omega |\nabla \tilde{u}|^p dx dt + \sup_{0 < t < T} \int_\Omega \tilde{u}^2 dx \leq c.$$

To get rid of the term  $\int_\Omega \tilde{v}^2 dx|_0^\tau$  on the left hand side, we used the fact that  $C(0, T; L^2(\Omega)) \hookrightarrow \mathcal{W}(\Omega_T)$ , together with Lemma 4.3. Now by changing variables  $u(x, t) = \lambda \tilde{u}(x, \lambda^{p-2} t)$  we obtain the estimate

$$\|u\|_{\text{en}, \Omega_{\lambda^2 - pT}} \leq c \lambda^2 = c \|v\|_{\mathcal{W}(\Omega_{\lambda^2 - pT})},$$

where  $u$  is a supersolution satisfying  $u \geq v$ , which completes the proof.  $\square$

Next we combine the previous two theorems to obtain  $\text{cap}_{\text{var}}(K, \Omega_T) \approx \text{cap}_{\text{en}}(K, \Omega_{\lambda^2 - pT})$ . When combining the previous results, we would like to take  $v$  to be smooth, and the following lemma gives us the appropriate mollification.

**Lemma 4.5.** *Let  $K$  be a compact set consisting of a finite union of space-time cylinders. Let  $v \in \mathcal{W}(\Omega_T)$  be such that  $v \geq \chi_K$  for a compact set  $K \subset \Omega_T$ . Then there exists a  $w \in C_0^\infty(\Omega \times \mathbb{R})$  such that  $w \geq \chi_K$  and*

$$\|w\|_{\mathcal{W}(\Omega_T)} \leq c\|v\|_{\mathcal{W}(\Omega_T)}.$$

The proof of Lemma 4.5 can be established by following [6, Appendix A] together with the fact that on a finite union of space-time cylinders we can control the space-time mollification, cf. (4.2). In addition, close to the lateral boundary of  $\Omega_T$ , the mollification can be done by using partition of unity, as usual. The details are left for the reader.

**Theorem 4.6.** *Let  $K$  be a compact set consisting of a finite union of compact space-time cylinders, set  $\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_T)$ , and suppose that  $K \subset \Omega_{\lambda^2-pT}$ . Then*

$$\text{cap}_{\text{var}}(K, \Omega_T) \approx \text{cap}_{\text{en}}(K, \Omega_{\lambda^2-pT}),$$

where  $\Omega_{\lambda^2-pT}$  is interpreted as  $\Omega_\infty$  if  $\lambda = 0$ .

*Proof.* Suppose first that  $\text{cap}_{\text{var}}(K, \Omega_T) > 0$ . To compare the variational and energy capacities, we first define

$$\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_T).$$

Given  $\delta > 0$ , choose a superparabolic function  $u \in \mathcal{V}(\Omega_{\lambda^2-pT})$  such that  $u \geq \chi_K$ , and

$$\|u\|_{\text{en}, \Omega_{\lambda^2-pT}} \leq \text{cap}_{\text{en}}(K, \Omega_{\lambda^2-pT}) + \delta.$$

Without loss of generality we can assume that  $u$  is bounded and using Theorem 4.2 we find a function  $v \in \mathcal{W}(\Omega_{\lambda^2-pT})$  such that  $v \geq u \geq \chi_K$  and

$$\|v\|_{\mathcal{W}(\Omega_{\lambda^2-pT})} \leq c\|u\|_{\text{en}, \Omega_{\lambda^2-pT}}. \quad (4.9)$$

By Lemma 4.5, we may replace  $v$  with a smooth version still staying above  $\chi_K$  and still satisfying (4.9), but with a different  $c$ . Furthermore, associated to  $v$  there is  $\lambda_v \geq \lambda$  such that  $\lambda_v^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda_v^2-pT})}$  and

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq \lambda_v^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda_v^2-pT})} \leq c\|u\|_{\text{en}, \Omega_{\lambda^2-pT}} \leq c(\text{cap}_{\text{en}}(K, \Omega_{\lambda^2-pT}) + \delta).$$

This gives

$$\text{cap}_{\text{var}}(K, \Omega_T) \leq c \text{cap}_{\text{en}}(K, \Omega_{\lambda^2-pT}).$$

Conversely, for small enough  $\delta > 0$  let us now consider  $v \in C_0^\infty(\Omega \times \mathbb{R}) \cap \mathcal{W}(\Omega_{\lambda^2-pT})$  such that  $v \geq \chi_K$  and

$$\lambda^2 \leq \|v\|_{\mathcal{W}(\Omega_{\lambda^2-pT})} = \lambda_v^2 \leq (1 + \delta)\lambda^2,$$

which we find by the definition of  $\text{cap}_{\text{var}}$ . Theorem 4.4 yields a superparabolic function  $u \in \mathcal{V}(\Omega_{\lambda_v^2-pT})$  such that  $u \geq v$  and

$$\|u\|_{\text{en}, \Omega_{\lambda_v^2-pT}} \leq c\|v\|_{\mathcal{W}(\Omega_{\lambda^2-pT})} \leq c(1 + \delta) \text{cap}_{\text{var}}(K, \Omega_T).$$

Since  $K$  is compact and belongs to  $\Omega_{\lambda^2-pT}$ , we find small enough  $\delta$  so that  $K \subset \Omega_{\lambda_v^2-pT}$  as well. Extending  $u$  to the entire cylinder  $\Omega_\infty$  as a solution with initial values at the time  $t_0 = \lambda_v^2-pT$  equal to  $u$ , we see that

$$\|u\|_{\text{en}, \Omega_{\lambda^2-pT}} \leq \|u\|_{\text{en}, \Omega_\infty} \leq 2\|u\|_{\text{en}, \Omega_{\lambda_v^2-pT}} \leq c(1 + \delta) \text{cap}_{\text{var}}(K, \Omega_T), \quad (4.10)$$

where the second inequality is due to an energy inequality, valid for solutions,

$$\int_{t_0}^{\infty} \int_{\Omega} |\nabla u|^p \, dx \, dt + \sup_{t_0 < t} \int_{\Omega} u^2(x, t) \, dx \leq c \int_{\Omega} u^2(x, t_0) \, dx.$$



The estimate (4.10) immediately gives that

$$\text{cap}_{\text{en}}(K, \Omega_{\lambda^{2-p}T}) \leq c \text{cap}_{\text{var}}(K, \Omega_T),$$

concluding the proof when  $\lambda > 0$ .

To finish the proof, we consider the case  $\text{cap}_{\text{var}}(K, \Omega_T) = 0$ . For any  $\delta > 0$  there exists  $v \in C_0^\infty(\Omega \times \mathbb{R}) \cap \mathcal{W}(\Omega_\infty)$ ,  $v \geq \chi_K$ , such that

$$\delta > \lambda_v^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda_v^{2-p}T})}.$$

For this given  $v$ , we may argue as in the first step using Theorem 4.4. Indeed, we find  $u$  such that  $u \geq v \geq \chi_K$  and

$$\|u\|_{\text{en}, \Omega_\infty} \leq c\|v\|_{\mathcal{W}(\Omega_{\lambda_v^{2-p}T})} < c\delta^2.$$

Therefore  $\text{cap}_{\text{en}}(K, \Omega_\infty) = 0$  and the proof is finished in all cases.  $\square$

### 4.3. Nonlinear parabolic capacity versus the variational capacity.

**Theorem 4.7.** *Let  $K \subset \Omega_T$  be a compact set consisting of a finite union of compact space-time cylinders  $K = \bigcup_i \overline{Q}_{t_1^i, t_2^i}$ , and let  $\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_T)$ . If  $K \subset \Omega_{\lambda^{2-p}T}$ , then*

$$\text{cap}_{\text{var}}(K, \Omega_T) \approx \text{cap}(K, \Omega_\infty),$$

where  $\Omega_{\lambda^{2-p}T}$  is interpreted as  $\Omega_\infty$  if  $\lambda = 0$ .

*Proof.* The proof follows immediately from Theorem 4.1 and Theorem 4.6.  $\square$

We are now ready to prove the main result. We start with a local version.

**Theorem 4.8.** *Let  $K \subset \Omega_T$  be a compact set and assume that for  $\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_T)$  we have  $K \subset \Omega_{\lambda^{2-p}T}$ . Then*

$$\text{cap}_{\text{var}}(K, \Omega_T) \approx \text{cap}(K, \Omega_\infty),$$

where  $\Omega_{\lambda^{2-p}T}$  is interpreted as  $\Omega_\infty$  if  $\lambda = 0$ .

*Proof.* Let  $\{K_i\}_{i=1}^\infty$  be a nested sequence of compact sets, each a finite union of space-time cylinders, such that

$$\bigcap_{i=1}^\infty K_i = K.$$

Then from Lemma 3.1 we see that

$$\lim_{i \rightarrow \infty} \text{cap}_{\text{var}}(K_i, \Omega_T) = \text{cap}_{\text{var}}(K, \Omega_T) = \lambda^2. \quad (4.11)$$

First there exists an  $i_1$  such that if  $i \geq i_1$ , then  $K_i \subset \Omega_T$ . Second since  $\lambda_i$  is a non-increasing sequence, we get that there is an  $i_2$  such that  $K_i \subset \Omega_{\lambda^{2-p}T} \subset \Omega_{\lambda_i^{2-p}T}$  holds for all  $i \geq i_2$ . Now, for  $i \geq \max\{i_1, i_2\}$ , Theorem 4.7 gives

$$\text{cap}_{\text{var}}(K_i, \Omega_T) \approx \text{cap}(K_i, \Omega_\infty).$$

Using the outer regularity of  $\text{cap}(\cdot, \Omega_\infty)$  (see [13, Lemma 5.8]) together with (4.11) completes the proof.  $\square$

Our main theorem follows immediately.

**Theorem 4.9.** *Let  $K$  be a compact set of  $\Omega_\infty$ . Then*

$$\text{cap}_{\text{var}}(K, \Omega_\infty) \approx \text{cap}(K, \Omega_\infty).$$

*Proof.* Combine Theorem 4.8 with Lemma 3.2.  $\square$

## 5. ESTIMATES OF CAPACITIES FOR EXPLICIT SETS

In this section we establish estimates of the capacities for explicit sets, including space-time cylinders and special hyper-graphs. First, let us define the standard elliptic capacity for a compact set  $K$ ,  $K \subset \Omega$ , as

$$\text{cap}_e(K, \Omega) = \inf \left\{ \int_{\Omega} |\nabla u|^p dx : u \geq \chi_K, u \in C_0^\infty(\Omega) \right\}.$$

**Theorem 5.1.** *Let  $K \subset \Omega$  be a compact set such that  $\text{cap}_e(K, \Omega) = 0$ . Let  $\phi : [t_1, t_2] \rightarrow \Omega$ ,  $0 < t_1 < t_2 < T$ , be a Lipschitz continuous function and let the set  $K_\phi$  be defined as*

$$K_\phi := \{(x + \phi(t), t) : x \in K, t \in [t_1, t_2]\}$$

and assume that it belongs to  $\Omega_T$ . Then

$$\text{cap}_{\text{var}}(K_\phi, \Omega_T) = 0.$$

*Proof.* Let  $K_\epsilon = \{x : d(x, K) < \epsilon\}$  for  $\epsilon > 0$ . Then also the closure of  $U := \{(x + \phi(t), t) : x \in K_\epsilon, t \in [t_1, t_2]\}$  belongs to  $\Omega \times \mathbb{R}$  for small enough  $\epsilon > 0$  and it covers  $K_\phi$ . By the assumptions we find a smooth function  $u \in C_0^\infty(K_\epsilon)$  such that  $u \geq \chi_K$  and

$$\left( \int_{K_\epsilon} |\nabla u|^p dx \right)^{1/p} < \epsilon^2. \quad (5.1)$$

Let us now consider the function

$$v(x, t) := u(\phi(t) + x)\theta(t),$$

where  $\theta \in C_0^\infty(-\epsilon/2 + t_1, t_2 + \epsilon/2)$ ,  $\theta = 1$  on  $[t_1, t_2]$  as well as  $|\theta'| \leq 2/\epsilon$ , and we also define  $\phi(t) := \phi(t_1)$  when  $t < t_1$  as well as  $\phi(t) := \phi(t_2)$  when  $t > t_2$ . Then  $v \in W_0^{1,\infty}(\Omega \times \mathbb{R})$  and  $v \geq \chi_{K_\phi}$ . Strictly speaking this is not an admissible smooth test-function since  $\phi$  is only Lipschitz, but this point could easily be overcome by an approximation argument.

From (5.1) we get that

$$\|v\|_{\mathcal{V}(\Omega_\infty)}^p \leq c(t_2 - t_1 + \epsilon)\epsilon^{2p}.$$

We also see that

$$\partial_t v(x, t) = \partial_t \phi \cdot \nabla u(\phi(t) + x)\theta(t) + u(\phi(t) + x)\theta'(t),$$

and consequently

$$|\partial_t v(x, t)| \leq \|\partial_t \phi\|_\infty |\nabla u(\phi(t) + x)| + |\theta'(t)| |u(\phi(t) + x)|.$$

Using Hölder's inequality, Sobolev's inequality, and (5.1) we get

$$\begin{aligned} \|\partial_t v\|_{L^{p'}(\Omega \times (-\epsilon/2 + t_1, \epsilon/2 + t_2))} &\leq c(t_2 - t_1 + \epsilon)^{1/p'} \|\partial_t \phi\|_\infty \|\nabla u\|_{L^{p'}(K_\epsilon)} + c\epsilon^{-1} \|u\|_{L^{p'}(K_\epsilon)} \\ &\leq c(t_2 - t_1 + \epsilon)^{1/p'} \|\partial_t \phi\|_\infty \epsilon^2 + c\epsilon. \end{aligned}$$

Thus, for suitably small  $\epsilon > 0$ , we obtain

$$\|\partial_t v\|_{\mathcal{V}(\Omega_\infty)} \leq c_1 \epsilon,$$

for a constant  $c_1 = c_1(t_2 - t_1, \|\partial_t \phi\|_\infty, |\Omega|, n, p) > 1$ . Letting  $\epsilon$  to zero finishes the proof.  $\square$

Next, we will derive a lower bound for the variational capacity in terms of the elliptic capacity. Since we are going to consider time slices, we need the following convenient notational tool, the  $t$ -slice of  $E \subset \mathbb{R}^{n+1}$  is defined as follows

$$\pi_t(E) = \{x : (x, t) \in E\} \subset \mathbb{R}^n.$$

**Theorem 5.2.** *Let  $K \subset \Omega_T$  be a compact set and let  $\lambda^2 = \text{cap}_{\text{var}}(K, \Omega_T)$ . Then*

$$\int_0^{\lambda^{2-p}T} \text{cap}_e(\pi_t(K), \Omega) dt \leq \text{cap}_{\text{var}}(K, \Omega_T).$$

*Proof.* Let  $v \in C_0^\infty(\Omega \times \mathbb{R})$  be such that  $\lambda_v^2 = \|v\|_{\mathcal{W}(\Omega_{\lambda_v^{2-p}T})} < \lambda^2 + \epsilon$ . Then

$$\text{cap}_e(\pi_t(K), \Omega) \leq \int_{\Omega} |\nabla v(x, t)|^p dx,$$

and hence

$$\int_0^{\lambda_v^{2-p}T} \text{cap}_e(\pi_t(K), \Omega) dt \leq \int_0^{\lambda_v^{2-p}T} \int_{\Omega} |\nabla v(x, t)|^p dx dt \leq \|v\|_{\mathcal{W}(\Omega_{\lambda_v^{2-p}T})} < \lambda^2 + \epsilon$$

follows. Letting  $\epsilon$  to zero finishes the proof.  $\square$

A point has a zero elliptic  $p$ -capacity if and only if  $p \leq n$ , see for example Section 2.11 [10]. From this and the previous two results we have the following corollary.

**Corollary 1.** *Let  $\phi : [t_1, t_2] \rightarrow \Omega$  be a Lipschitz continuous function with  $0 < t_1 < t_2 < T$  and define  $\Phi = \{(\phi(t), t) : t \in [t_1, t_2]\}$ . Then*

$$\text{cap}_{\text{var}}(\Phi, \Omega_T) = 0$$

*if and only if  $2 \leq p \leq n$ .*

**Lemma 5.3.** *Let  $2 \leq p < n$  and  $Q_r = B(0, r) \times (t_0 - \tau, t_0)$  such that  $Q_r \Subset \Omega_T$ . Let  $\lambda^2 = \text{cap}_{\text{var}}(Q_r, \Omega_T)$ . If  $Q_r \subset \Omega_{\lambda^{2-p}T}$ , then*

$$\text{cap}_{\text{var}}(\overline{Q}_r, \Omega_T) \geq c^{-1} \tau r^{n-p}$$

*with  $c = c(n, p)$ .*

*Proof.* We know that

$$\text{cap}_e(B(0, r), \Omega) \geq \text{cap}_e(B(0, r), \mathbb{R}^n) \geq c^{-1} r^{n-p},$$

see for example [1, 10, 24]. Using Theorem 5.2 we conclude that

$$\text{cap}_{\text{var}}(\overline{Q}_r, \Omega_T) \geq c^{-1} \tau r^{n-p}. \quad \square$$

The converse of Lemma 5.3 holds as well.

**Lemma 5.4.** *Let  $2 \leq p < n$ ,  $Q_r = B(0, r) \times (t_0 - \tau, t_0)$ ,  $\Omega = B(0, 2r)$  and assume that  $Q_r \Subset \Omega_T$ . Then there exists a constant  $c = c(n, p)$  such that*

$$\text{cap}(\overline{Q}_r, \Omega_\infty) \leq c(r^n + \tau r^{n-p}).$$

*Proof.* Let  $u$  solve

$$\begin{cases} -\Delta_p u = 0, & \text{in } \Omega \setminus B(0, r) \\ u = 1, & \text{on } \overline{B}(0, r) \\ u = 0, & \text{on } \partial\Omega. \end{cases}$$

Then

$$\int_{\Omega} |\nabla u|^p dx \approx r^{n-p}. \quad (5.2)$$

Furthermore,  $u$  is a supersolution to the  $p$ -Laplace equation in  $\Omega$  and  $0 \leq u \leq 1$ . Next, define the function

$$v(x, t) := \begin{cases} 0, & \text{if } (x, t) \in \Omega \times (-\infty, t_0 - \tau) \\ u(x), & \text{if } (x, t) \in \Omega \times [t_0 - \tau, t_0) \\ h(x, t), & \text{if } (x, t) \in \Omega \times [t_0, +\infty), \end{cases}$$

where  $h(x, t)$  is the solution to the Dirichlet problem

$$\begin{cases} h_t - \Delta_p h = 0, & \text{in } \Omega \times (t_0, \infty) \\ h(\cdot, t) = 0, & \text{on } \partial\Omega \times [t_0, \infty) \\ h(\cdot, t) = u(\cdot), & \text{in } \Omega \times \{t_0\}. \end{cases}$$

Since  $v$  is bounded we observe that  $v$  satisfies a comparison principle, (cf. for example Lemma 2.9 in [3], Theorem 2.4 or Theorem 1.1 in [14]). This implies that  $v$  is a supersolution in  $\Omega_\infty$  satisfying  $v \geq \chi_{\overline{Q_r}}$ . Moreover, since  $h$  is a solution in  $\Omega \times (t_0, \infty)$ , we have the usual energy estimate

$$\sup_{t > t_0} \frac{1}{2} \int_{\Omega} h^2(x, t) dx + \int_{t_0}^{\infty} \int_{\Omega} |\nabla h|^p dx dt \leq \frac{1}{2} \int_{\Omega} u^2(x, t_0) dx \leq \frac{1}{2} \int_{\Omega} 1 dx \leq cr^n.$$

Integrating (5.2) in time over  $[t_0 - \tau, t_0)$ , using the previous estimate, and Theorem 4.1 we see that

$$\text{cap}(\overline{Q_r}, \Omega_\infty) \leq c \|v\|_{\text{en}, \Omega_\infty} \leq c(r^n + \tau r^{n-p}). \quad \square$$

**Theorem 5.5.** *Let  $Q_r = B(0, r) \times (t_0 - r^p, t_0)$ , and assume that  $Q_{2r} \subset \Omega_T$ . Then*

$$\text{cap}(\overline{Q_r}, \Omega_\infty) \approx r^n.$$

*Proof.* Follows from (3.2), Lemma 5.4, Lemma 5.3, and Theorem 4.9.  $\square$

Let us now state a useful comparison lemma between the *energy capacity* and the nonlinear parabolic capacity. Observe that earlier, we only worked the equivalence between the capacity and the energy capacity for a finite union of cylinders in Theorem 4.1 whereas the lemma below is for any compact set. Due to the lack of a convergence theorem for the energy capacity with respect to shrinking sequences of compact sets, we only establish a one sided bound in the next lemma.

**Lemma 5.6.** *Let  $K \subset \Omega_\infty$  be a compact set. Then there exists a constant  $c = c(n, p) > 1$  such that*

$$\text{cap}_{\text{en}}(K, \Omega_\infty) \leq c \text{cap}(K, \Omega_\infty).$$

*Proof.* There is a shrinking sequence of compact sets  $K_i \subset \Omega_\infty$ ,  $i = 1, 2, \dots$ , such that  $\cap_i K_i = K$ , and each  $K_i$  consists of a finite union of space time cylinders. Since  $\text{cap}_{\text{en}}(\cdot, \Omega_\infty)$  is a non-decreasing set function, the conclusion of the lemma follows easily from [13, Lemma 5.8].  $\square$

Our next theorem is in some sense a parabolic counterpart to the fact that the elliptic capacity only sees the external boundary, i.e.

$$\text{cap}_e(K, \mathbb{R}^n) = \text{cap}_e(\partial_e K, \mathbb{R}^n),$$

where  $\partial_e K$  is the *external boundary*, that is, the boundary of the unbounded component of the complement of  $K$ . See for example [22] or [28].

**Theorem 5.7.** Let  $Q_r^+ = B(x_0, r) \times (t_0, t_0 + \tau)$  be such that  $Q_{2r} \subset \Omega_\infty$  and let

$$\mathcal{H} = \{(x, h(x)) : x \in \overline{B}(x_0, r)\}$$

where  $h \in C(\mathbb{R}^n)$  satisfies  $h(x) = t_0$  on  $\partial B(x_0, r)$  and  $\mathcal{H} \subset Q_r^+$ . Then

$$c^{-1} \left( \int_0^\infty \text{cap}_\epsilon(\pi_t(\mathcal{H}), \Omega) dt + r^n \right) \leq \text{cap}(\mathcal{H}, \Omega_\infty) \leq c(r^n + \tau r^{n-p})$$

with  $c = c(n, p)$ .

*Proof.* The bound from above follows immediately from Lemma 5.4. Let us consider the lower bound. To this end, for any  $\epsilon > 0$  we find  $v$  such that  $\|v\|_{\text{en}, \Omega_\infty} \leq \text{cap}_{\text{en}}(\mathcal{H}, \Omega_\infty) + \epsilon$ . Since  $v$  is  $p$ -superparabolic and  $v \geq \chi_{\mathcal{H}}$ , we have by the lower semicontinuity that  $1 \leq v(z) \leq \liminf_{y \rightarrow z} v(y)$  whenever  $z \in \mathcal{H}$ . Define

$$\tilde{\mathcal{H}} := \{(x, t) : x \in B(x_0, r), t \in (t_0, h(x))\},$$

i.e., the set of all the space-time points lying between the graphs  $(x, t_0)$  and  $(x, h(x))$ . Set now

$$\tilde{v}(x, t) = \begin{cases} \min(1, v(x, t)), & \text{if } (x, t) \notin \tilde{\mathcal{H}} \\ 1, & \text{if } (x, t) \in \tilde{\mathcal{H}}. \end{cases}$$

Note that  $\tilde{v}$  is lower semicontinuous in  $\Omega \times (t_0, \infty)$  and hence it is  $p$ -superparabolic in  $\Omega \times (t_0, \infty)$  by the ‘‘Pasting lemma’’ in [3].

Let us now consider two cases,

- (A)  $|\pi_{t_0}(\mathcal{H})| \geq 1/2|B(x_0, r)|$ ,
- (B) Alternative (A) does not hold.

In alternative (A), we know that  $v \geq 1$  on  $\mathcal{H} \cap B(x_0, r) \times \{t_0\}$  and we have a bound for the measure of this set. Next, since  $v$  is a bounded  $p$ -superparabolic function in  $\Omega_\infty$ , it is also a supersolution by [17, Theorem 5.8]. As such we can see that by testing formally with  $v\chi_{\{t>t_0\}}$

$$\frac{1}{2}|B(x_0, r)| \leq \int_\Omega v^2(x, t_0) dx \leq 2 \int_{\Omega \times (t_0, \infty)} |\nabla v|^p dx dt \leq 2\|v\|_{\text{en}, \Omega_\infty}^p, \quad (5.3)$$

where rigorous treatment goes via mollifications.

In the case of alternative (B), we know by the continuity of  $h$  that there exists  $\sigma > 0$  such that  $|\pi_{t_0+\sigma}(\tilde{\mathcal{H}})| \geq \frac{1}{4}|B(x_0, r)|$ , moreover we know that  $\tilde{v} \geq 1$  on  $\pi_{t_0+\sigma}(\tilde{\mathcal{H}})$ . Again since  $\tilde{v}$  is a bounded  $p$ -superparabolic function, we can as in (5.3), test formally with  $u\chi_{\{t>t_0+\sigma\}}(t)$ , and get

$$\begin{aligned} \frac{1}{4}|B(x_0, r)| &\leq \int_\Omega \tilde{v}^2(x, t_0 + \sigma) dx \leq 2 \int_{\Omega \times (t_0+\sigma, \infty)} |\nabla \tilde{v}|^p dx dt \\ &= 2 \int_{\Omega \times (t_0+\sigma, \infty) \setminus \tilde{\mathcal{H}}} |\nabla v|^p dx dt \leq 2\|v\|_{\text{en}, \Omega_\infty}^p. \end{aligned}$$

Thus we obtain that in both alternatives (A) and (B) we have  $|B(x_0, r)|/4 \leq \|v\|_{\text{en}, \Omega_\infty}^p \leq c \text{cap}(\mathcal{H}, \Omega_\infty)$ , where in the last inequality we have used Lemma 5.6. Together with Theorem 5.2 we get the desired lower bound by summing up.  $\square$

From the above theorem we can obtain a symmetric upper and lower bound on the capacity of a cylinder, which tells us that the parabolic capacity of a cylinder is essentially the sum of the elliptic capacity of the lateral part integrated and the parabolic capacity of the bottom disc.

**Corollary 2.** Let  $Q_r = B(0, r) \times (t_0 - \tau, t_0)$  be such that  $Q_{2r} \subset \Omega_\infty$ . Then

$$\text{cap}_{\text{var}}(\overline{Q}_r, \Omega_\infty) \approx r^n + \tau r^{n-p}.$$

*Proof.* From Lemma 5.3, and Lemma 5.4 we get that

$$\frac{\tau r^{n-p}}{c} \leq \text{cap}_{\text{var}}(\overline{Q}_r, \Omega_T) \leq c(r^n + \tau r^{n-p}).$$

To improve the lower bound, note that  $\overline{B(0, r)} \times \{t_0\} \subset \overline{Q}_r$ , hence we can use Theorem 5.7 and Theorem 4.8 to get

$$\text{cap}_{\text{var}}(\overline{Q}_r, \Omega_T) \geq \frac{r^n}{c}. \quad \square$$

If the hyper-graph bends up, we can establish a symmetric upper and lower bound even in this case.

**Corollary 3.** Let  $Q_r^+(\tau) = B(0, r) \times (t_0, t_0 + \tau)$  be such that  $Q_{2r}^+(\tau) \subset \Omega_\infty$  and let  $\mathcal{H}$  be as above. Suppose furthermore that  $\mathcal{H} \subset (x_0, t_0) + (\overline{Q}_r^+(\tau) \setminus \overline{Q}_{r/M}^+(\tau/M))$  for some  $M > 1$ . Then

$$c^{-1} (r^n + \tau r^{n-p}) \leq \text{cap}(\mathcal{H}, \Omega_T) \leq c (r^n + \tau r^{n-p}),$$

for  $c = c(n, p, M)$ .

*Proof.* The upper bound follows from Lemma 5.4. The lower bound, on the other hand, is a consequence of the fact that

$$\text{cap}_e(\pi_t(\mathcal{H}), \Omega) \geq r^n/c,$$

and thus Theorem 5.7 yields the result. □

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