# POINTWISE BEHAVIOUR OF SEMICONTINUOUS SUPERSOLUTIONS TO A QUASILINEAR PARABOLIC EQUATION 

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#### Abstract

A kind of supersolutions of the so-called $p$-parabolic equation are studied. These $p$-superparbolic functions are defined as lower semicontinuous functions obeying the comparison principle. Incidentally, they are precisely the viscosity supersolutions. One of our results guarantees the existence of a spatial Sobolev gradient. For $p=2$ we have the supercaloric functions and the ordinary heat equation.


## 1. Introduction

The solutions of the partial differential equation

$$
\begin{equation*}
\frac{\partial u}{\partial t}=\operatorname{div}\left(|\nabla u|^{p-2} \nabla u\right), \quad 1<p<\infty, \tag{1.1}
\end{equation*}
$$

form a similar basis for a prototype of a nonlinear parabolic potential theory as the solutions of the heat equation do in the classical theory. Especially, the celebrated Perron method can be applied even in the nonlinear situation $p \neq 2$; see [KL] for this and related results concerning more general equations. For the regularity theory of such equations the reader is asked to consult the monograph by DiBenedetto [D]. See also Chapter 2 of the recent book [WZYL]. The equation is often called the p-parabolic equation, but is also known as the evolutionary p-Laplace equation and the non-Newtonian filtration equation in the literature.

In this connection the so-called $p$-superparabolic functions are essential. They are defined as lower semicontinuous functions obeying the comparison principle with respect to the solutions of (1.1). The $p$-superparabolic functions are of actual interest also because they are the viscosity supersolutions of (1.1), see [JLM]. Thus there is an alternative definition in the modern theory of viscosity solutions, but here we are content to mention that our results automatically hold for the viscosity supersolutions. One should pay attention to the fact that, in their definition, the $p$-superparabolic functions are not required to have any derivatives, and, consequently, it is not evident how to directly relate them to the differential inequality

$$
\begin{equation*}
\frac{\partial u}{\partial t} \geq \operatorname{div}\left(|\nabla u|^{p-2} \nabla u\right) \tag{1.2}
\end{equation*}
$$

The weak solutions of (1.2), defined with the aid of test functions under the integral sign, are called supersolutions and, since they are required to have Sobolev derivatives, they constitute a more tractable class of functions. The reader should carefully distinguish between $p$-superparabolic functions and supersolutions. For example consider the Barenblatt solution $\mathcal{B}_{p}: \mathbf{R}^{n+1} \rightarrow[0, \infty)$,

$$
\mathcal{B}_{p}(x, t)= \begin{cases}t^{-n / \lambda}\left(C-\frac{p-2}{p} \lambda^{1 /(1-p)}\left(\frac{|x|}{t^{1 / \lambda}}\right)^{p /(p-1)}\right)_{+}^{(p-1) /(p-2)}, & t>0  \tag{1.3}\\ 0, & t \leq 0\end{cases}
$$

where $\lambda=n(p-2)+p, p>2$, and the constant $C$ is usually chosen so that

$$
\int_{\mathbf{R}^{n}} \mathcal{B}_{p}(x, t) d x=1
$$

for every $t>0$. This function is not a supersolution in an open set that contains the origin. It is the a priori summability of $\nabla \mathcal{B}_{p}$ that fails. Indeed,

$$
\int_{-1}^{1} \int_{Q}\left|\nabla \mathcal{B}_{p}(x, t)\right|^{p} d x d t=\infty
$$

where $Q=[-1,1]^{n} \subset \mathbf{R}^{n}$. However, the Barenblatt solution is a $p$-superparabolic function in $\mathbf{R}^{n+1}$. In the case $p=2$ we have the heat kernel

$$
W(x, t)= \begin{cases}\frac{1}{(4 \pi t)^{n / 2}} e^{-|x|^{2} / 4 t}, & t>0 \\ 0, \quad t \leq 0 .\end{cases}
$$

In contrast with the heat kernel, which is strictly positive, the Barenblatt solution has a bounded support at a given instance $t>0$. Hence the disturbancies propagate with finite speed when $p>2$. -The Barenblatt solution describes the propagation of the heat after the explosion of a hydrogen bomb in the atmosphere. This function was discovered in [B].

Supersolutions and $p$-superparabolic functions are often identified in the literature, even though this is not strictly speaking correct, as the Barenblatt solution shows. However, we show that there are no other locally bounded $p$-superparabolic functions than supersolutions. Indeed, locally bounded $p$-superparabolic functions have Sobolev derivatives with respect to the spatial variable and we can substitute them into the weak form of (1.2). This is the content of the following theorem.
1.4. Theorem. Let $p \geq 2$. Suppose that $v$ is a locally bounded $p$-superparabolic function in an open set $\Omega \subset \mathbf{R}^{n+1}$. Then the Sobolev derivative

$$
\nabla v=\left(\frac{\partial v}{\partial x_{1}}, \ldots, \frac{\partial v}{\partial x_{n}}\right)
$$

exists and the local summability

$$
\int_{t_{1}}^{t_{2}} \int_{Q}|\nabla v|^{p} d x d t<\infty
$$

holds for each $\bar{Q} \times\left[t_{1}, t_{2}\right] \subset \Omega$. Moreover, we have

$$
\int_{t_{1}}^{t_{2}} \int_{Q}\left(|\nabla v|^{p-2} \nabla v \cdot \nabla \varphi-v \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0
$$

whenever $\varphi \in C_{0}^{\infty}\left(Q \times\left(t_{1}, t_{2}\right)\right)$ with $\varphi \geq 0$.
The proof of Theorem 1.4 is presented in Chapter 4. For unbounded $p$-superparabolic functions some immediate results follow, because, if $v$ is a $p$-superparabolic function, so are functions

$$
v_{L}=v_{L}(x)=\min (v(x), L),
$$

and thus Theorem 1.4 is valid for each $v_{L}$.
In the case $p=2$ the proof of Theorem 1.4 can be extracted from the linear representation formulas in [W1-2]. Then all superparabolic functions can be represented in terms of the heat kernel. For $p>2$ the principle of superposition is not available. Instead we use an obstacle problem in the calculus of variations to construct supersolutions which approximate a given $p$-superparabolic function. $A$ priori estimates for the approximants are derived and these estimates are passed over to the limit.

In order to bypass some technical difficulties related to the time derivative $u_{t}$ we use the regularized equation

$$
\begin{equation*}
\frac{\partial u}{\partial t}=\operatorname{div}\left(\left(|\nabla u|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla u\right) \tag{1.5}
\end{equation*}
$$

which does not degenerate at the critical points where $\nabla u=0$. Here $\varepsilon$ is a real parameter. The solutions of (1.5) are smooth, provided $\varepsilon \neq 0$. In the case $\varepsilon=0$ the equation (1.5) reduces to the true $p$-parabolic equation (1.1). See Chapter 2 of [WZYL].

A distinct feature is that the $p$-superparabolic functions are defined at every point of their domain. Thus the study of the pointwise behaviour is relevant. If the value is changed even at a single point, then the obtained function is not $p$ superparabolic anymore. At each point in the domain a $p$-superparabolic function $v$ has the value given by

$$
v(x, t)=\underset{\substack{(y, \tau) \rightarrow(x, t) \\ \tau<t}}{\operatorname{ess} \liminf _{i n}} v(y, \tau) .
$$

This is the content of Theorem 5.2. Here the essential limes inferior means that any set of $(n+1)$-dimensional measure zero can be neglected in the calculation of the limes inferior. It is worthwhile to observe the role of the time. What is to happen in the future will have no influence at the present time: the instances $\tau$ with $\tau \geq t$ are not necessary to include.

Our argument is based on a general principle and it applies to other equations as well. It can be extended to include equations like

$$
\frac{\partial u}{\partial t}=\sum_{i, j=1}^{n} \frac{\partial}{\partial x_{i}}\left(\left|\sum_{k, m=1}^{n} a_{k m}(x) \frac{\partial u}{\partial x_{k}} \frac{\partial u}{\partial x_{m}}\right|^{(p-2) / 2} a_{i j}(x) \frac{\partial u}{\partial x_{j}}\right),
$$

where the matrix $\left(a_{i j}\right)$ with bounded measurable coefficients satisfies the standard condition

$$
\sum_{i, j=1}^{n} a_{i j}(x) \xi_{i} \xi_{j} \geq \gamma|\xi|^{2}
$$

for all $\xi=\left(\xi_{1}, \xi_{2}, \ldots, \xi_{n}\right)$ in $\mathbf{R}^{n}$.
A comment on our approach to deal with the time derivative $u_{t}$ is appropriate. Strictly speaking this quantity does not exist in the same sense as $\nabla u$; it is not a derivative in Sobolev's sense. For supersolutions, even simple examples of the form $u(x, t)=g(t)$ where $g(t)$ is an increasing lower semicontinuous step function, illuminate this feature. The regularized equation and some averaging procedures are here needed only to overcome this difficulty. Let us however mention that $u_{t}$ can be interpreted as an object in the theory of J.-L. Lions et consortes, see [L]. The use of this powerful theory would enable us to calculate rather freely with $u_{t}$ so that a much shorter exposition is possible. Although we have not followed this path, the reader may find it instructive to skip the regularized equation and the averaging procedures at the first reading. We have also deliberately decided to exclude the case $p<2$. On the other hand, we think that some features might be interesting even for the ordinary heat equation, to which everything reduces when $p=2$.

## 2. Preliminaries

In what follows, $Q$ will always stand for a parallelepiped

$$
Q=\left(a_{1}, b_{1}\right) \times\left(a_{2}, b_{2}\right) \times \cdots \times\left(a_{n}, b_{n}\right), \quad a_{i}<b_{i}, \quad i=1,2, \ldots, n
$$

in $\mathbf{R}^{n}$ and the abbreviations

$$
Q_{T}=Q \times(0, T), \quad Q_{t_{1}, t_{2}}=Q \times\left(t_{1}, t_{2}\right),
$$

where $T>0$ and $t_{1}<t_{2}$, are used for the space-time boxes in $\mathbf{R}^{n+1}$. The parabolic boundary of $Q_{T}$ is

$$
\Gamma_{T}=(\bar{Q} \times\{0\}) \cup(\partial Q \times[0, T]) .
$$

Observe that the interior of the top $\bar{Q} \times\{T\}$ is not included. Similarly, $\Gamma_{t_{1}, t_{2}}$ is the parabolic boundary of $Q_{t_{1}, t_{2}}$. The parabolic boundary of a space-time cylinder $D_{t_{1}, t_{2}}=D \times\left(t_{1}, t_{2}\right)$ has a similar definition. Let $1 \leq p<\infty$. In order to describe the appropriate function spaces, we recall that $W^{1, p}(Q)$ denotes the Sobolev space of functions $u \in L^{p}(Q)$, whose first distributional partial derivatives belong to $L^{p}(Q)$. The norm is

$$
\|u\|_{W^{1, p}(Q)}=\|u\|_{L^{p}(Q)}+\|\nabla u\|_{L^{p}(Q)} .
$$

The Sobolev space with zero boundary values, denoted by $W_{0}^{1, p}(Q)$, is the completion of $C_{0}^{\infty}(Q)$ in the norm $\|u\|_{W^{1, p}(Q)}$. We denote by $L^{p}\left(t_{1}, t_{2} ; W^{1, p}(Q)\right), t_{1}<t_{2}$, the space of functions such that for almost every $t, t_{1} \leq t \leq t_{2}$, the function $x \rightarrow u(x, t)$ belongs to $W^{1, p}(Q)$ and

$$
\int_{t_{1}}^{t_{2}} \int_{Q}\left(|u(x, t)|^{p}+|\nabla u(x, t)|^{p}\right) d x d t<\infty
$$

Notice that the time derivative $u_{t}$ is deliberately avoided. The definition for the space $L^{p}\left(t_{1}, t_{2} ; W_{0}^{1, p}(Q)\right)$ is analogous.

The Sobolev inequality is valid in the following form, see [D, Chapter I, Proposition 3.1].
2.1. Lemma. Suppose that $u \in L^{p}\left(0, T ; W_{0}^{1, p}(Q)\right)$. Then there is $c=c(n, p)>0$ such that

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}|u|^{(1+2 / n) p} d x d t \leq c \int_{0}^{T} \int_{Q}|\nabla u|^{p} d x d t\left(\underset{0<t<T}{\operatorname{ess} \sup } \int_{Q}|u|^{2} d x\right)^{p / n} \tag{2.2}
\end{equation*}
$$

To be on the safe side we give the definition of the (super)solutions, interpreted in the weak sense.
2.3. Definition. Let $\Omega$ be an open set in $\mathbf{R}^{n+1}$ and suppose that $u \in L^{p}\left(t_{1}, t_{2} ; W^{1, p}(Q)\right)$ whenever $\bar{Q}_{t_{1}, t_{2}} \subset \Omega$. Then $u$ is called a solution of (1.5), if

$$
\begin{equation*}
\int_{t_{1}}^{t_{2}} \int_{Q}\left(\left(|\nabla u|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla u \cdot \nabla \varphi-u \frac{\partial \varphi}{\partial t}\right) d x d t=0 \tag{2.4}
\end{equation*}
$$

whenever $\bar{Q}_{t_{1}, t_{2}} \subset \Omega$ and $\varphi \in C_{0}^{\infty}\left(Q_{t_{1}, t_{2}}\right)$. If, in addition, $u$ is continuous, then $u$ is called $p$-parabolic in the case $\varepsilon=0$. Further, we say that $u$ is a supersolution of (1.5), if the integral (2.4) is non-negative for all $\varphi \in C_{0}^{\infty}\left(Q_{t_{1}, t_{2}}\right)$ with $\varphi \geq 0$. If this integral is non-positive instead, we say that $u$ is a subsolution.

Several remarks are related to the definition. By parabolic regularity theory the solutions in the case $\varepsilon \neq 0$ are smooth, after a possible redefinition on a set of measure zero. The existence of the continuous time derivative $u_{t}$ is of vital importance to us. In the $p$-parabolic case $\varepsilon=0$ the solutions and their spatial gradients are Hölder continuous but this does not concern $u_{t}$, see [D] and [WZYL].
2.5. Remark. If the test function $\varphi$ is required to vanish only on the lateral boundary $\partial Q \times\left[t_{1}, t_{2}\right]$, then the boundary terms

$$
\int_{Q} u\left(x, t_{1}\right) \varphi\left(x, t_{1}\right) d x=\lim _{\sigma \rightarrow 0} \frac{1}{\sigma} \int_{t_{1}}^{t_{1}+\sigma} \int_{Q} u(x, t) \varphi(x, t) d x d t
$$

and

$$
\int_{Q} u\left(x, t_{2}\right) \varphi\left(x, t_{2}\right) d x=\lim _{\sigma \rightarrow 0} \frac{1}{\sigma} \int_{t_{2}-\sigma}^{t_{2}} \int_{Q} u(x, t) \varphi(x, t) d x d t
$$

have to be included. In the case of a supersolution to the $p$-parabolic equation the condition becomes

$$
\begin{align*}
& \int_{t_{1}}^{t_{2}} \int_{Q}\left(|\nabla u|^{p-2} \nabla u \cdot \nabla \varphi-u \frac{\partial \varphi}{\partial t}\right) d x d t  \tag{2.6}\\
& \quad+\int_{Q} u\left(x, t_{2}\right) \varphi\left(x, t_{2}\right) d x-\int_{Q} u\left(x, t_{1}\right) \varphi\left(x, t_{1}\right) d x \geq 0
\end{align*}
$$

for almost all $t_{1}<t_{2}$ with $\bar{Q}_{t_{1}, t_{2}} \subset \Omega$.
There is a principal, well-recognized difficulty with the definition, present in the case $\varepsilon=0$. Namely, in proving estimates we usually need a test function $\varphi$ that depends on the solution itself, for example $\varphi=u \zeta$ where $\zeta$ is a smooth cutoff function. Then one cannot avoid that the "forbidden quantity" $u_{t}$ shows up in the calculation of $\varphi_{t}$. In most cases one can easily overcome this difficulty by using
an equivalent definition in terms of Steklov averages, as in [D, pp. 18 and 25] and [WZYL, Chapter 2]. Alternatively, one can proceed using convolutions with smooth mollifiers as in [AS, pp. 199-121]. This remark also concerns our estimates but we have one noteworthy exception. Indeed, the proof of a convergence result (Lemma 4.15) is delicate when it comes to the "forbidden quantity" and there is a true complication, not easy to detect and not easy to dismiss.

We have found the convolution

$$
\begin{equation*}
u^{*}(x, t)=\frac{1}{\sigma} \int_{0}^{t} e^{(s-t) / \sigma} u(x, s) d s, \quad \sigma>0 \tag{2.7}
\end{equation*}
$$

to be expedient, see [ $\mathrm{N}, \mathrm{p} .36$ ]. It is essential in the proof of Lemma 4.7. The notation hides the dependece on $\sigma$. For continuous or bounded and semicontinuous functions $u$ the averaged function $u^{*}$ is defined at each point. Observe that

$$
\begin{equation*}
u^{*}+\sigma \frac{\partial u^{*}}{\partial t}=u \tag{2.8}
\end{equation*}
$$

Some properties are listed in the following lemma.
2.9. Lemma. (i) If $u \in L^{p}\left(Q_{T}\right)$, then

$$
\left\|u^{*}\right\|_{p, Q_{T}} \leq\|u\|_{p, Q_{T}}
$$

and

$$
\frac{\partial u^{*}}{\partial t}=\frac{u-u^{*}}{\sigma} \in L^{p}\left(Q_{T}\right)
$$

Moreover, $u^{*} \rightarrow u$ in $L^{p}\left(Q_{T}\right)$ as $\sigma \rightarrow 0$.
(ii) If, in addition, $\nabla u \in L^{p}\left(Q_{T}\right)$, then $\nabla\left(u^{*}\right)=(\nabla u)^{*}$ componentwise,

$$
\left\|\nabla u^{*}\right\|_{p, Q_{T}} \leq\|\nabla u\|_{p, Q_{T}}
$$

and $\nabla u^{*} \rightarrow \nabla u$ in $L^{p}\left(Q_{T}\right)$ as $\sigma \rightarrow 0$.
(iii) Furthermore, if $u_{k} \rightarrow u$ in $L^{p}\left(Q_{T}\right)$, then also

$$
u_{k}^{*} \rightarrow u^{*} \quad \text { and } \quad \frac{\partial u_{k}^{*}}{\partial t} \rightarrow \frac{\partial u^{*}}{\partial t}
$$

in $L^{p}\left(Q_{T}\right)$.
(iv) If $\nabla u_{k} \rightarrow \nabla u$ in $L^{p}\left(Q_{T}\right)$, then $\nabla u_{k}^{*} \rightarrow \nabla u^{*}$ in $L^{p}\left(Q_{T}\right)$.
(v) Analogous results hold for weak convergence in $L^{p}\left(Q_{T}\right)$.
(vi) Finally, if $\varphi \in C\left(\bar{Q}_{T}\right)$, then

$$
\varphi^{*}(x, t)+e^{-t / \sigma} \varphi(x, 0) \rightarrow \varphi(x, t)
$$

uniformly in $Q_{T}$ as $\sigma \rightarrow 0$.
Proof. The proof is rather straightforward. To obtain the fundamental contraction property in (i), we use the Hölder inequality to obtain

$$
\begin{aligned}
& \left|\frac{1}{\sigma} \int_{0}^{t} e^{-(t-s) / \sigma} u(x, s) d s\right|^{p} \\
& \quad \leq\left(\frac{1}{\sigma} \int_{0}^{t} e^{-(t-s) / \sigma} d s\right)^{p-1}\left(\frac{1}{\sigma} \int_{0}^{t} e^{-(t-s) / \sigma}|u(x, s)|^{p} d s\right) \\
& \quad \leq \frac{1}{\sigma} \int_{0}^{t} e^{-(t-s) / \sigma}|u(x, s)|^{p} d s . \\
& \quad 6
\end{aligned}
$$

Integrating this inequality with respect to $t$ over $[0, T]$ and reversing the order of integration in the double integral, we arrive at

$$
\int_{0}^{T}\left|u^{*}(x, t)\right|^{p} d t \leq \int_{0}^{T}\left(1-e^{-(T-s) / \sigma}\right)|u(x, t)|^{p} d t \leq \int_{0}^{T}|u(x, t)|^{p} d t
$$

An integration with respect to $x$ yields the inequality in (i).
Let us then go to (vi). A calculation shows that

$$
\begin{aligned}
& \left(\varphi^{*}(x, t)+e^{-t / \sigma} \varphi(x, 0)\right)-\varphi(x, t) \\
& =e^{-t / \sigma}(\varphi(x, 0)-\varphi(x, t))+\frac{1}{\sigma} \int_{0}^{t} e^{-(t-s) / \sigma}(\varphi(x, s)-\varphi(x, t)) d s
\end{aligned}
$$

To see that this expression converges uniformly to zero as $\sigma \rightarrow 0$, we have to consider three intervals $[0, \delta],[\delta, T-\delta],[T-\delta, T]$ separately, where $\delta>0$ is small. The rest of the proof is now standard and we leave it as an exercise for the reader.

The averaged equation for a supersolution $u$ in $\Omega$ is the following. If $\bar{Q}_{T} \subset \Omega$, then

$$
\begin{align*}
& \int_{0}^{T} \int_{Q}\left(\left(\left.\nabla u\right|^{p-2} \nabla u\right)^{*} \cdot \nabla \varphi-u^{*} \frac{\partial \varphi}{\partial t}\right) d x d t  \tag{2.10}\\
& \quad+\int_{Q} u^{*}(x, T) \varphi(x, T) d x \geq \int_{Q} u(x, 0)\left(\frac{1}{\sigma} \int_{0}^{T} \varphi(x, s) e^{-s / \sigma} d s\right) d x
\end{align*}
$$

for all test functions $\varphi \geq 0$ vanishing on the parabolic boundary $\Gamma_{T}$ of $Q_{T}$. If, in addition, $u \geq 0$ in $Q_{T}$ and $\varphi(x, T)=0$, this implies that

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}\left(\left(\left.\nabla u\right|^{p-2} \nabla u\right)^{*} \cdot \nabla \varphi-u^{*} \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0 \tag{2.11}
\end{equation*}
$$

Notice that we do not have $\left|\nabla u^{*}\right|^{p-2} \nabla u^{*}$ in (2.10), except in the favourable case $p=2$. For the proofs of (2.10) and (2.11), we observe that (2.6) implies that

$$
\begin{align*}
\int_{s}^{T} \int_{Q} & \left(|\nabla u(x, t-s)|^{p-2} \nabla u(x, t-s) \cdot \nabla \varphi(x, t)\right. \\
& \left.-u(x, t-s) \frac{\partial \varphi}{\partial t}(x, t)\right) d x d t+\int_{Q} u(x, T-s) \varphi(x, T) d x  \tag{2.12}\\
& \geq \int_{Q} u(x, 0) \varphi(x, s) d x
\end{align*}
$$

when $0 \leq s \leq T$. Notice that $(x, t-s) \in \bar{Q}_{T}$. Multiply by $\sigma^{-1} e^{-s / \sigma}$, integrate over $[0, T]$ with respect to $s$ and, finally, change the order of integration between $s$ and $t$. This yields (2.10).

The averaging procedure (2.7) has the advantage that values taken outside $Q_{T}$ are not evoked. That is not the case with the more conventional convolution

$$
\begin{equation*}
\left(u * \rho_{\sigma}\right)(x, t)=\int_{-\infty}^{\infty} u(x, t-\tau) \rho_{\sigma}(\tau) d \tau \tag{2.13}
\end{equation*}
$$

where Friedrichs' mollifier

$$
\rho_{\sigma}(\tau)= \begin{cases}\frac{C}{\sigma} e^{-\sigma^{2} /\left(\sigma^{2}-\tau^{2}\right)}, & |\tau|<\sigma  \tag{2.14}\\ 0, & |\tau| \geq \sigma\end{cases}
$$

is involved. The result is that the inequality

$$
\begin{equation*}
\iint_{\Omega}\left(\left(|\nabla u|^{p-2} \nabla u\right) * \rho_{\sigma} \cdot \nabla \varphi-\left(u * \rho_{\sigma}\right) \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0 \tag{2.15}
\end{equation*}
$$

holds for all $\varphi \in C_{0}^{\infty}(\Omega), \varphi \geq 0$, under the restriction that the parameter $\sigma$ has to be strictly less than the distance from the support of $\varphi$ to the boundary of $\Omega$. This has the effect that the virtual domain is shrinked. On the other hand, an advantage of this approach is that it is not limited to space-time boxes.

The next lemma is well-known, see [D].
2.16. Lemma. Let $u \in L^{p}\left(0, T ; W^{1, p}(Q)\right)$ be a subsolution of the equation (1.5). Assume that $u \geq 0$ in $Q_{T}$. Then there is a constant $c=c(p)$ such that

$$
\begin{gather*}
\int_{0}^{T} \int_{Q}|\nabla u|^{p} \zeta^{p} d x d t+\underset{0<t<T}{\operatorname{ess} \sup } \int_{Q} u^{2} \zeta^{p} d x \leq c \int_{0}^{T} \int_{Q} u^{2}\left|\frac{\partial\left(\zeta^{p}\right)}{\partial t}\right| d x d t \\
\quad+c \int_{0}^{T} \int_{Q} u^{p}|\nabla \zeta|^{p} d x d t+|\varepsilon|^{p-2} \int_{0}^{T} \int_{Q} \zeta^{p} d x d t \tag{2.17}
\end{gather*}
$$

holds for all $\zeta \in C^{\infty}\left(Q_{T}\right), \zeta \geq 0$, vanishing on the parabolic boundary $\Gamma_{T}$.
Proof. The proof is included only for instructive purposes. First, consider the case $\varepsilon=0$. Let $0 \leq \tau \leq T$. The equation reads

$$
\int_{0}^{\tau} \int_{Q}\left(|\nabla u|^{p-2} \nabla u \cdot \nabla \varphi-u \frac{\partial \varphi}{\partial t}\right) d x d t+\int_{Q} u(x, \tau) \varphi(x, \tau) d x \leq 0
$$

where we want to use the test function $\varphi=\zeta^{p} u$, which strictly speaking, is not admissible. However, here the use of the averaged function $u^{*}$ or other convolution approximants presents no difficulties. After a few integrations by parts we arrive at

$$
\begin{align*}
& -\int_{0}^{\tau} \int_{Q} u \frac{\partial \varphi}{\partial t} d x d t+\int_{Q} u(x, \tau) \varphi(x, \tau) d x  \tag{2.18}\\
& \quad=\frac{1}{2} \int_{Q} u(x, \tau)^{2} \zeta(x, \tau)^{p} d x-\frac{1}{2} \int_{0}^{\tau} \int_{Q} u^{2} \frac{\partial\left(\zeta^{p}\right)}{\partial t} d x d t
\end{align*}
$$

We also have

$$
\begin{align*}
& \int_{0}^{\tau} \int_{Q}|\nabla u|^{p-2} \nabla u \cdot \nabla \varphi d x d t \\
&=\int_{0}^{\tau} \int_{Q}|\nabla u|^{p} \zeta^{p} d x d t+p \int_{0}^{\tau} \int_{Q} \zeta^{p-1} u|\nabla u|^{p-2} \nabla u \cdot \nabla \zeta d x d t \tag{2.19}
\end{align*}
$$

and, using Young's inequality

$$
p \zeta^{p-1}|\nabla u|^{p-1} u|\nabla \zeta| \leq(p-1) \beta^{q} \zeta^{p}|\nabla u|^{p}+\beta^{-p} u^{p}|\nabla \zeta|^{p}
$$

where $q=p /(p-1)$ and $\beta$ is small enough ( $\beta^{q}=1-1 / p$ will do), we can estimate the absolute value of the last integral so that the integral of $(p-1) \beta^{q} \zeta^{p}|\nabla u|^{p}$ is absorbed by the left-hand side.

Combining this with (2.18) and (2.19) we obtain

$$
\begin{align*}
\int_{0}^{\tau} \int_{Q}|\nabla u|^{p} \zeta^{p} d x d t+\frac{1}{2} \int_{Q} \zeta(x, \tau)^{p} u(x, \tau)^{2} d x \\
\quad \leq c \int_{0}^{T} \int_{Q} u^{2}\left|\frac{\partial\left(\zeta^{p}\right)}{\partial t}\right| d x d t+c \int_{0}^{T} \int_{Q} u^{p}|\nabla \zeta|^{p} d x d t \tag{2.20}
\end{align*}
$$

The parameter $\tau, 0 \leq \tau \leq T$, is at our disposal. Inequality (2.20) is to be used twice. First, we select $\tau$ so that

$$
\int_{Q} \zeta(x, \tau)^{p} u(x, \tau)^{2} d x \geq \frac{1}{2} \underset{0<t<T}{\operatorname{ess} \sup } \int_{Q} \zeta^{p}(x, t) u^{2}(x, t) d x
$$

This shows that the essential supremum term in question is less than four times the right-hand side of (2.20). Second, we take $\tau=T$ in (2.20) to estimate the first integral in (2.17). Adding the two estimates, we arrive at the desired result in the case $\varepsilon=0$.

Let us turn our attention to the case $\varepsilon \neq 0$. The case is even simpler, since no averaging of the test function $\varphi=\zeta^{p} u$ is needed. Otherwise the proof is rather similar. An additional feature is that with the aid of the inequalities

$$
\frac{1}{2} \zeta^{p}|\nabla u|^{p}+\frac{1}{2}|\varepsilon|^{p-2}|\nabla u|^{2} \leq\left(|\nabla u|^{2}+\varepsilon^{2}\right)^{(p-2) / 2}|\nabla u|^{2}
$$

and

$$
\left(|\nabla u|^{2}+\varepsilon^{2}\right)^{(p-2) / 2}|\nabla u \cdot \nabla \zeta| \leq 2^{(p-2) / 2}|\nabla u|^{p-1}|\nabla \zeta|+2^{(p-2) / 2}|\varepsilon|^{p-2}|\nabla u||\nabla \zeta|
$$

not only the integral of $\zeta^{p}|\nabla u|^{p}$ but also the integral of $|\varepsilon|^{p-2} \zeta^{p}|\nabla u|^{2}$ can be absorbed.

For solutions with zero boundary values on some part of the boundary the previous estimate can be improved. To be more specific, consider the domain $R=Q \backslash Q^{\prime}$, $Q^{\prime} \subset \subset Q$, between two parallelepipeds. Suppose that $h$ is $p$-parabolic in the domain

$$
R_{T}=\left(Q \backslash Q^{\prime}\right) \times(0, T)
$$

Assume further that $h \in C\left(\bar{R}_{T}\right), h \geq 0$, and that $h$ vanishes on the parabolic boundary $\Gamma_{T}$ of $Q_{T}$. Then

$$
\begin{equation*}
\int_{0}^{T} \int_{R}|\nabla h|^{p} \zeta^{p} d x d t \leq c \int_{0}^{T} \int_{R} h^{p}|\nabla \zeta|^{p} d x d t \tag{2.21}
\end{equation*}
$$

for all smooth $\zeta=\zeta(x) \geq 0$ depending only on the spatial variable and vanishing on the lateral boundary $\partial Q^{\prime} \times[0, T]$. (There is no requirement on $\partial Q \times[0, T]$.)

The important improvement over (2.17) is that we obtain an estimate of the integral of $|\nabla h|^{p}$ over a domain of the form $\left(Q \backslash Q^{\prime \prime}\right) \times(0, T)$, where $Q^{\prime} \subset \subset Q^{\prime \prime} \subset \subset Q$. The proof can be extracted from the proof of Lemma 2.16. This will be used in the proof of Lemma 4.15.

## 3. The obstacle problem

The obstacle problem in the calculus of variations is a basic tool in the study of the $p$-superparabolic functions, to be defined in Section 4 as lower semicontinuous functions obeying a comparison principle. As we will see later, a $p$-superparabolic function can be approximated from below with solutions of obstacle problems.

Let $\psi \in C^{\infty}\left(\mathbf{R}^{n+1}\right)$ and consider the class $\mathcal{F}_{\psi}$ of all functions $w \in C\left(\bar{Q}_{T}\right)$ such that

$$
w \in L^{p}\left(0, T ; W^{1, p}(Q)\right), \quad w=\psi \text { on } \Gamma_{T}, \quad \text { and } w \geq \psi \text { in } Q_{T}
$$

The function $\psi$ acts as an obstacle and also prescribes the boundary values.
The following existence theorem will be useful for us later.
3.1. Lemma. There is a unique $w \in \mathcal{F}_{\psi}$ such that

$$
\begin{align*}
& \int_{0}^{T} \int_{Q}\left(\left(|\nabla w|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w \cdot \nabla(\phi-w)+(\phi-w) \frac{\partial \phi}{\partial t}\right) d x d t  \tag{3.2}\\
& \quad \geq \frac{1}{2} \int_{Q}|\phi(x, T)-w(x, T)|^{2} d x
\end{align*}
$$

for all smooth functions $\phi$ in the class $\mathcal{F}_{\psi}$. In particular, $w$ is a continuous supersolution of (1.5). Moreover, in the open set $\{w>\psi\}$ the function $w$ is a solution of (1.5). In the case $\varepsilon \neq 0$ we have $w \in C^{\infty}\left(Q_{T}\right)$.
Proof. The existence can be shown as in the proof of Theorem 3.2 in [AL]. The proof of the Hölder continuity of the solution can be extracted from [C]. The regularity in the case $\varepsilon \neq 0$ follows from a standard parabolic regularity theory described in the celebrated book [LSU].

Let $w_{\varepsilon}$ denote the solution of (3.2) with $\varepsilon \neq 0$ and let $v$ denote the one with $\varepsilon=0$. We keep the obstacle $\psi$ fixed and let $\varepsilon \rightarrow 0$ in (3.2). The question is about the convergence of the solutions of the obstacle problems: Do the $w_{\varepsilon}$ 's converge to $v$ in some sense?

### 3.3. Lemma. The inequality

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}\left(\left(\left|\nabla w_{\varepsilon}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w_{\varepsilon}-|\nabla v|^{p-2} \nabla v\right) \cdot \nabla\left(w_{\varepsilon}-v\right) d x d t \leq 0 \tag{3.4}
\end{equation*}
$$

holds. In particular,

$$
\begin{equation*}
\lim _{\varepsilon \rightarrow 0} \int_{0}^{T} \int_{Q}\left|\nabla w_{\varepsilon}-\nabla v\right|^{p} d x d t=0 \tag{3.5}
\end{equation*}
$$

Proof. We write $w=w_{\varepsilon}$. We begin the proof with some remarks. The estimate

$$
\int_{0}^{T} \int_{Q}|\nabla w|^{p} d x d t \leq c \int_{0}^{T} \int_{Q}|\nabla v|^{p} d x d t+c|\varepsilon|^{p-2} \int_{0}^{T} \int_{Q}|\nabla v|^{2} d x d t
$$

with $c=c(p)$ follows from (3.4) with the aid of Young's inequality.

We also have

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}|\nabla w|^{p} d x d t \leq c \int_{0}^{T} \int_{Q}|\nabla v|^{p} d x d t+c|\varepsilon|^{p-2} T|Q| \tag{3.6}
\end{equation*}
$$

with another $c=c(p)$, if $|\varepsilon| \leq 1$, for instance.
The elementary inequalities

$$
|a-b|^{p} \leq 2^{p-2}\left(|a|^{p-2} a-|b|^{p-2} b\right) \cdot(a-b)
$$

and

$$
\left|\left(|a|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} a-|a|^{p-2} a\right| \leq \begin{cases}\frac{p-2}{2}|\varepsilon|^{p-1}, & 2 \leq p \leq 3 \\ \frac{p-2}{2} \varepsilon^{2}\left(|a|^{2}+\varepsilon^{2}\right)^{(p-3) / 2}, & p \geq 3\end{cases}
$$

and (3.4) imply that

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}|\nabla w-\nabla v|^{p} d x d t \leq c(p-2)|\varepsilon|^{p-1} T|Q| \tag{3.7}
\end{equation*}
$$

when $2 \leq p \leq 3$ and

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}|\nabla w-\nabla v|^{p} d x d t \leq c \varepsilon^{2}\left(\int_{0}^{T} \int_{Q}|\nabla v|^{p} d x d t+T|Q|\right) \tag{3.8}
\end{equation*}
$$

when $p \geq 3$. Here we also used (3.6). In particular, this implies that (3.5) holds. Thus it is enough to prove (3.4).

Now we proceed to the actual proof. For simplicity we assume that the obstacle $\psi \geq 0$ and that $\psi$ vanishes on the parabolic boundary $\Gamma_{T}$. (We will only need this case.) The difficulty is that $v_{t}$ is forbidden. However, $w_{t}$ is available. Our aim is to take full advantage of the fact that $w$ and $v$ are solutions of the corresponding equations in the open sets where the obstacle does not hinder.

We replace $v$ with the supersolution

$$
v_{\alpha}=v+\frac{\alpha}{T-t},
$$

where $\alpha>0$. Then $v_{\alpha} \rightarrow \infty$ as $t \rightarrow T$ and $v_{\alpha} \geq \psi+\alpha / T$. Since $v_{\alpha}$ is continuous, we conclude that $v_{\alpha}^{*} \rightarrow v_{\alpha}$ uniformly in $\bar{Q}_{T-\delta}, \delta>0$, as $\sigma \rightarrow 0$; recall Lemma 2.9. It follows that

$$
v_{\alpha}^{*}>\psi+\frac{\alpha}{2 T}
$$

in $\bar{Q}_{T}$, when $\sigma$ is small enough (depending on $\alpha$ ). The set $\left\{w>v_{\alpha}^{*}\right\}$ is open and it cannot touch the Euclidean boundary of $Q_{T}$. The set $\left\{w>v_{\alpha}^{*}\right\}$ is contained in $\{w>\psi+\alpha /(2 T)\}$, that is, the obstacle does not hinder $w$. Thus $w$ is a solution of (1.5) in $\left\{w>v_{\alpha}^{*}\right\}$.

We choose the test function $\varphi=w-v_{\alpha}^{*}$ and subtract the regularized equation

$$
\iint_{\left\{w>v_{\alpha}^{*}\right\}}\left(\left(\left|\nabla v_{\alpha}\right|^{p-2} \nabla v_{\alpha}\right)^{*} \cdot \nabla \varphi-v_{\alpha}^{*} \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0
$$

(see (2.11)) from the equation for $w$. We obtain

$$
\begin{aligned}
\iint_{\left\{w>v_{\alpha}^{*}\right\}} & \left(\left(|\nabla w|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w-\left(\left|\nabla v_{\alpha}\right|^{p-2} \nabla v_{\alpha}\right)^{*}\right) \cdot \nabla\left(w-v_{\alpha}^{*}\right) d x d t \\
& \leq \iint_{\left\{w>v_{\alpha}^{*}\right\}}\left(w-v_{\alpha}^{*}\right) \frac{\partial}{\partial t}\left(w-v_{\alpha}^{*}\right) d x d t \\
& =\frac{1}{2} \iint_{\left\{w>v_{\alpha}^{*}\right\}} \frac{\partial}{\partial t}\left(w-v_{\alpha}^{*}\right)^{2} d x d t=0 .
\end{aligned}
$$

This estimate is free of derivatives with respect to time. Moreover, $\nabla v_{\alpha}=\nabla v$ and $\nabla v_{\alpha}^{*}=\nabla v^{*}$. First, we let $\sigma \rightarrow 0$ and then $\alpha \rightarrow 0$. We arrive at

$$
\begin{equation*}
\iint_{\{w \geq v\}}\left(\left(|\nabla w|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w-|\nabla v|^{p-2} \nabla v\right) \cdot \nabla(w-v) d x d t \leq 0 . \tag{3.9}
\end{equation*}
$$

Strictly speaking the limit set of integration contains the set $\{w>v\}$ and is itself contained in $\{w \geq v\}$, but, because the integrand vanishes a.e. in $\{w=v\}$, this does not matter. This is the desired estimate in $\{w \geq v\}$.

To obtain the same estimate for $\{w \leq v\}$, we reverse the roles of the functions in the previous construction. However, the situation is not completely symmetric. It is important that no points outside $\{v>\psi\}$ are evoked in the averaging procedure.

Since $v$ is a solution of (1.1) in $\{v>\psi\}$ we have

$$
\begin{equation*}
\iint_{\{v>\psi\}}\left(\left(|\nabla v|^{p-2} \nabla v\right) * \rho_{\sigma} \cdot \nabla \varphi-\left(v * \rho_{\sigma}\right) \frac{\partial \varphi}{\partial t}\right) d x d t=0 \tag{3.10}
\end{equation*}
$$

when $\varphi \in C_{0}^{\infty}(\{v>\psi\})$ and $\sigma$ is smaller than a number depending on the test function $\varphi$, see (2.15).

This time we consider the supersolution

$$
w_{\alpha}=w+\frac{\alpha}{T-t},
$$

where $\alpha>0$. The set $\left\{v * \rho_{\sigma}>w_{\alpha}\right\}$ is contained in $\{v>\psi+\alpha /(2 T)\}$ for all $\sigma$ small enough (depending on $\alpha$ ). The latter set has a positive distance to the coincidence set $\{v=\psi\}$. For $\sigma$ small enough the function

$$
\varphi=v * \rho_{\sigma}-w_{\alpha}
$$

will, consequently, do as test function in (3.10), when we integrate only over the set $\{\varphi>0\}$. It follows that

$$
\begin{aligned}
\iint_{\left\{v * \rho_{\sigma}>w_{\alpha}\right\}} & \left(\left(|\nabla v|^{p-2} \nabla v\right) * \rho_{\sigma}\right. \\
& \left.-\left(\left|\nabla w_{\alpha}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w_{\alpha}\right) \cdot \nabla\left(v * \rho_{\sigma}-w_{\alpha}\right) d x d t \\
\leq & \iint_{\left\{v * \rho_{\sigma}>w_{\alpha}\right\}}\left(v * \rho_{\sigma}-w_{\alpha}\right) \frac{\partial}{\partial t}\left(v * \rho_{\sigma}-w_{\alpha}\right) d x d t \\
= & \frac{1}{2} \iint_{\left\{v * \rho_{\sigma}>w_{\alpha}\right\}} \frac{\partial}{\partial t}\left(v * \rho_{\sigma}-w_{\alpha}\right)^{2} d x d t=0 .
\end{aligned}
$$

The time derivative has disappeared, so that we can let $\sigma \rightarrow 0$ and then $\alpha \rightarrow 0$. Again we arrive at (3.9), though integrated over the set $\{v \geq w\}$ this time. Hence we have obtained the desired estimate.

## 4. The $p$-SUPERPARABOLIC FUNCTIONS AND THEIR APPROXIMANTS

The supersolutions of the $p$-parabolic equation do not form a good closed class of functions. The Barenblatt solution defined in (1.3) is not a supersolution of (1.1) in $\mathbf{R}^{n+1}$. However, the Barenblatt solution is a $p$-superparabolic function according to the following definition.

### 4.1. Definition. A function $v: \Omega \rightarrow(-\infty, \infty]$ is called $p$-superparabolic if

(1) $v$ is lower semicontinuous,
(2) $v$ is finite in a dense subset of $\Omega$,
(3) $v$ satisfies the following comparison principle on each subdomain $D_{t_{1}, t_{2}}=$ $D \times\left(t_{1}, t_{2}\right)$ with $\overline{D_{t_{1}, t_{2}}} \subset \Omega$ : if $h$ is $p$-parabolic in $D_{t_{1}, t_{2}}$ and continuous in $\overline{D_{t_{1}, t_{2}}}$ and if $h \leq v$ on the parabolic boundary of $D_{t_{1}, t_{2}}$, then $h \leq v$ in $D_{t_{1}, t_{2}}$.

It follows immediately from the definition that if $u$ and $v$ are $p$-superparabolic functions so are their pointwise minimum $\min (u, v)$ and $u+\alpha, \alpha \in \mathbf{R}$. Observe, that $u+v$ and $\beta u, \beta \in \mathbf{R}$, are not superparabolic in general. However, with some effort we can see that if $v$ is $p$-superparabolic in $Q_{T}$, then

$$
v+\frac{\alpha}{T-t},
$$

with $\alpha>0$, is a $p$-superparabolic function in $Q_{T}$. This is well in accordance with the corresponding properties of supersolutions.

Notice that a $p$-superparabolic function is defined at every point in its domain. No differentiability is presupposed in the definition. The only tie to the differential equation is through the comparison principle. It was established in [KL] that (3) can be replaced by the following "elliptic" comparison principle.
4.2. Lemma. Let $\Xi$ be any domain with compact closure in $\Omega$. If $h$ is p-parabolic in $\Xi$ and continuous in $\bar{\Xi}$ and if $h \leq v$ on the Euclidean boundary $\partial \Xi$, then $h \leq v$ in the whole $\Xi$.

Observe that there is no reference to the parabolic boundary. We will only need the fact that the condition (3) in Definition 4.1 implies Lemma 4.2. This is a rather immediate consequence of the definition. The opposite implication is deeper.

Of course, there is a relation between supersolutions and $p$-superparabolic functions. Roughly speaking, the supersolutions are $p$-superparabolic, provided the issue about lower semicontinuity is properly handled. We refer to [KL, Lemma 4.2]. In particular, a continuous supersolution is $p$-superparabolic.

The Barenblatt solution clearly shows that the class of $p$-superparabolic functions contains more than supersolutions. Nevertheless, it turns out that a $p$ superparabolic function can be approximated pointwise with an increasing sequence of supersolutions, constructed through successive obstacle problems. Let us describe this procedure.
4.3. Lemma. Suppose that $v$ is a p-superparabolic function in $\Omega$ and $\operatorname{let} \bar{Q}_{t_{1}, t_{2}} \subset$ $\Omega$. Then there is a sequence of supersolutions

$$
v_{k} \in C\left(\bar{Q}_{t_{1}, t_{2}}\right) \cap L^{p}\left(t_{1}, t_{2} ; W^{1, p}(Q)\right), \quad k=1,2, \ldots,
$$

of (1.1) such that $v_{1} \leq v_{2} \leq \cdots \leq v$ and $v_{k} \rightarrow v$ pointwise in $Q_{t_{1}, t_{2}}$ as $k \rightarrow \infty$. If, in addition, $v$ is locally bounded in $\Omega$, then the Sobolev derivative $\nabla v$ exists and $\nabla v \in L_{\mathrm{loc}}^{p}(\Omega)$.

Proof. The lower semicontinuity implies that there is a sequence of functions $\psi_{k} \in$ $C^{\infty}(\Omega), k=1,2, \ldots$, such that

$$
\psi_{1} \leq \psi_{2} \leq \ldots \quad \text { and } \quad \lim _{k \rightarrow \infty} \psi_{k}=v
$$

at every point of $\Omega$. Using the functions $\psi_{k}$ as obstacles we construct supersolutions of (1.1) that approximate $v$ from below. This has to be done locally, say in a given box $Q_{t_{1}, t_{2}}$ with $\bar{Q}_{t_{1}, t_{2}} \subset \Omega$. To simplify the notation we consider $Q_{T}$, assuming that $\bar{Q}_{T} \subset \Omega$. Let $v_{k} \in C\left(\bar{Q}_{T}\right) \cap L^{p}\left(0, T ; W^{1, p}(Q)\right), k=1,2, \ldots$, denote the solution of the obstacle problem in $Q_{T}$ with the obstacle $\psi_{k}$, see Lemma 3.1 with $\varepsilon=0$. Then $v_{k} \geq \psi_{k}$ and $v_{k}=\psi_{k}$ on $\Gamma_{T}$.

We claim that

$$
v_{1} \leq v_{2} \leq \ldots \quad \text { and } \quad v_{k} \leq v, \quad k=1,2, \ldots,
$$

in $Q_{T}$. Consider the set $\left\{v_{k}>\psi_{k}\right\}$. In this set $v_{k}$ is a $p$-parabolic function with boundary values $\psi_{k}$, except possibly when $t=T$. The function

$$
v+\frac{\alpha}{T-t},
$$

with $\alpha>0$, is a $p$-superparabolic function in $Q_{T}$. This function has larger boundary values than $v_{k}$ on the boundary of $\left\{v_{k}>\psi_{k}\right\}$. By the "elliptic" comparison principle (Lemma 4.2) it can be shown that

$$
v+\frac{\alpha}{T-t} \geq v_{k}
$$

in $\left\{v_{k}>\psi_{k}\right\}$. Letting $\alpha \rightarrow 0$ we obtain $v \geq v_{k}$ in $\left\{v_{k}>\psi_{k}\right\}$. But certainly $v \geq v_{k}$ in $\left\{v_{k}=\psi_{k}\right\}$. Thus $v \geq v_{k}$ and consequently

$$
v=\lim _{k \rightarrow \infty} \psi_{k} \leq \lim _{k \rightarrow \infty} v_{k} \leq v
$$

in $Q_{T}$. Notice how the comparison principle was used. The fact that $v_{k+1} \geq v_{k}$ can be proved in the same manner.

So far we have constructed an increasing sequence of continuous supersolutions of the $p$-parabolic equation converging pointwise to the given $p$-superparabolic function. Assume, in addition, that there is $L<\infty$ such that

$$
0 \leq v(x, t) \leq L
$$

for every $(x, t) \in Q_{T}$. Then also $0 \leq v_{k} \leq L, k=1,2, \ldots$, and Lemma 2.16, applied to the subsolution $L-v_{k}$, provides us with the bound

$$
\int_{0}^{T} \int_{Q}\left|\nabla v_{k}\right|^{p} \zeta^{p} d x d t \leq c L^{2} \int_{0}^{T} \int_{Q}\left|\frac{\partial\left(\zeta^{p}\right)}{\partial t}\right| d x d t+c L^{p} \int_{0}^{T} \int_{Q}|\nabla \zeta|^{p} d x d t
$$

where $\zeta, 0 \leq \zeta \leq 1$, is a test function vanishing on the parabolic boundary $\Gamma_{T}$. By weak compactness we can, via weakly convergent subsequences of $\zeta \nabla v_{k}$, conclude that $\nabla v$ exists in Sobolev's sense and that $\nabla v \in L_{\mathrm{loc}}^{p}\left(Q_{T}\right)$. The weak lower semicontinuity implies

$$
\begin{aligned}
& \int_{0}^{T} \int_{Q}|\nabla v|^{p} \zeta^{p} d x d t \leq \liminf _{k \rightarrow \infty} \int_{0}^{T} \int_{Q}\left|\nabla v_{k}\right|^{p} \zeta^{p} d x d t \\
& \quad \leq c L^{2} \int_{0}^{T} \int_{Q}\left|\frac{\partial\left(\zeta^{p}\right)}{\partial t}\right| d x d t+c L^{p} \int_{0}^{T} \int_{Q}|\nabla \zeta|^{p} d x d t
\end{aligned}
$$

As a matter of fact we have established that $\nabla v \in L_{\mathrm{loc}}^{p}\left(Q_{T}\right)$ provided $v$ is locally bounded in $\Omega$.
4.4. Remark. As a supersolution each $v_{k}$ satisfies the equation

$$
\begin{equation*}
\int_{0}^{T} \int_{Q}\left(\left|\nabla v_{k}\right|^{p-2} \nabla v_{k} \cdot \nabla \varphi-v_{k} \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0 \tag{4.5}
\end{equation*}
$$

The passage to the limit under the integral sign as $k \rightarrow \infty$ requires much more information than the so far established weak convergence, except in the case $p=2$. A comment is appropriate now. For $p>2$ the inequality

$$
2^{2-p}\left|\nabla\left(v^{*}-v_{k}^{*}\right)\right|^{p} \leq\left(\left|\nabla v^{*}\right|^{p-2} \nabla v^{*}-\left|\nabla v_{k}^{*}\right|^{p-2} \nabla v_{k}^{*}\right) \cdot\left(\nabla v^{*}-\nabla v_{k}^{*}\right)
$$

is still available, but the averaging procedure leads to the quantity $\left(\left|\nabla v_{k}\right|^{p-2} \nabla v_{k}\right)^{*}$ instead of $\left|\nabla v_{k}^{*}\right|^{p-2} \nabla v_{k}^{*}$. All attempts to adjust the situation cause, as it were, subtle difficulties disturbing the double limit procedure as $k \rightarrow \infty$ and $\sigma \rightarrow 0$.

Let us resume the study of the approximants

$$
v_{1} \leq v_{2} \leq \ldots \quad \text { with } \quad v=\lim _{k \rightarrow \infty} v_{k} .
$$

obtained from the obstacle problem in $Q_{T}$ with obstacles $\psi_{k}$ as in the proof of Lemma 4.3. We assume that

$$
\begin{equation*}
0 \leq \psi_{k} \leq L, \quad k=1,2, \ldots \tag{4.6}
\end{equation*}
$$

Our aim is to prove that, under this assumption, $\nabla v_{k} \rightarrow \nabla v$ locally in $L^{p}\left(Q_{T}\right)$. To achieve this we utilize the corresponding property for the regularized equation (1.5), which is easier to handle. Let $\varepsilon \neq 0$ be fixed and let $w_{k}$ denote the solution to the obstacle problem in $Q_{T}$ with the obstacle $\psi_{k}$. In the notation of Lemma 3.1, we have $w_{k} \in \mathcal{F}_{\psi_{k}}$. Recall that $w_{k} \geq \psi_{k}$ in $Q_{T}$ and that $w_{k}=\psi_{k}$ on $\Gamma_{T}$. Since $\varepsilon \neq 0$, we also have $w_{k} \in C\left(\bar{Q}_{T}\right) \cap C^{\infty}\left(Q_{T}\right)$. It follows that

$$
w_{1} \leq w_{2} \leq \ldots \quad \text { and } \quad w=\lim _{k \rightarrow \infty} w_{k}
$$

as in the case $\varepsilon=0$; see the proof of Lemma 4.3. The dependence of $\varepsilon$ is suppressed in the notation for $w_{k}$ and $w$. Here $w$ is, to begin with, merely a lower semicontinuous function in $L^{p}\left(0, T ; W^{1, p}(Q)\right)$. Recall that the obstacles $\psi_{k}$ were induced by $v$. Therefore $w \geq v$. We also have $0 \leq w \leq L$. We claim that $w$ is, in fact, a supersolution of (1.5). The proof is rather involved, although we deal with the regularized problem with a fixed $\varepsilon \neq 0$. The complication is visible in the averaging procedure.
4.7. Lemma. Under the assumption (4.6) for the obstacles,

$$
\nabla w_{k} \rightarrow \nabla w \quad \text { in } \quad L_{\mathrm{loc}}^{p}\left(Q_{T}\right)
$$

Moreover, $w$ is a supersolution to (1.5) in $Q_{T}$.
Proof. Let $\zeta \in C_{0}^{\infty}\left(Q_{T}\right), 0 \leq \zeta \leq 1$, where it is essential that the support of $\zeta$ does not touch the Euclidean boundary $\partial Q_{T}$. Write $\theta=\zeta^{p}$. The uniform bound for $u=L-w_{k}$ provided by Lemma 2.16 allows us to conclude that

$$
\int_{0}^{T} \int_{Q}\left|\nabla w_{k}\right|^{p} \theta d x d t \leq c
$$

where $c=c(n, p, L, \theta, \varepsilon)$. Observe that the bound is independent of $k$. By weak compactness it follows that $\nabla w$ exists and that $\nabla w \in L_{\text {loc }}^{p}\left(Q_{T}\right)$. We can extract a subsequence for which $\nabla w_{k_{j}}$ converges to $\nabla w$ weakly in $L_{\mathrm{loc}}^{p}\left(Q_{T}\right)$. (Actually, this holds for the original sequence.)

Let $\sigma>0$ and use the averaged function $w^{*}$ introduced in (2.7). Recall that

$$
\begin{equation*}
\frac{\partial w^{*}}{\partial t}=\frac{w-w^{*}}{\sigma} \tag{4.8}
\end{equation*}
$$

Using the test function $\left(w^{*}-w_{k}\right) \theta$ in the equation for $w_{k}$, we obtain

$$
\begin{align*}
& \int_{0}^{T} \int_{Q}\left(\left(\left|\nabla w^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w^{*}-\left(\left|\nabla w_{k}^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w_{k}^{*}\right) \\
& \cdot \nabla\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t \\
& \leq \int_{0}^{T} \int_{Q}\left(\left|\nabla w^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w^{*} \cdot \nabla\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t  \tag{4.9}\\
&-\int_{0}^{T} \int_{Q} w_{k} \frac{\partial}{\partial t}\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t .
\end{align*}
$$

We aim at first letting $k \rightarrow \infty$, which causes a difficulty in the last term, namely, the appearance of the time derivative $w_{t}$, which has to be avoided.

Let us begin with the crucial last term

$$
\begin{aligned}
& -\int_{0}^{T} \int_{Q} w_{k} \frac{\partial}{\partial t}\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t \\
& \quad=-\int_{0}^{T} \int_{Q} w_{k}\left(w^{*}-w_{k}\right) \frac{\partial \theta}{\partial t} d x d t-\int_{0}^{T} \int_{Q} \theta w_{k} \frac{\partial}{\partial t}\left(w^{*}-w_{k}\right) d x d t
\end{aligned}
$$

Using

$$
\begin{gathered}
\int_{0}^{T} \int_{Q} \theta\left(w^{*}-w_{k}\right) \frac{\partial}{\partial t}\left(w^{*}-w_{k}\right) d x d t=\frac{1}{2} \int_{0}^{T} \int_{Q} \theta \frac{\partial}{\partial t}\left(w^{*}-w_{k}\right)^{2} d x d t \\
=-\frac{1}{2} \int_{0}^{T} \int_{Q}\left(w^{*}-w_{k}\right)^{2} \frac{\partial \theta}{\partial t} d x d t
\end{gathered}
$$

we can write the last term in (4.9) as

$$
\begin{gathered}
-\int_{0}^{T} \int_{Q} w_{k} \frac{\partial}{\partial t}\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t=-\int_{0}^{T} \int_{Q} \theta w^{*} \frac{\partial}{\partial t}\left(w^{*}-w_{k}\right) d x d t \\
-\frac{1}{2} \int_{0}^{T} \int_{Q}\left(w^{*}-w_{k}\right)\left(w^{*}+w_{k}\right) \frac{\partial \theta}{\partial t} d x d t
\end{gathered}
$$

One more integration by parts exposes the factor $w^{*}-w_{k}$ and we have

$$
\begin{gather*}
-\int_{0}^{T} \int_{Q} w_{k} \frac{\partial}{\partial t}\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t=\int_{0}^{T} \int_{Q} \theta\left(w^{*}-w_{k}\right) \frac{\partial w^{*}}{\partial t} d x d t  \tag{4.10}\\
+\frac{1}{2} \int_{0}^{T} \int_{Q}\left(w^{*}-w_{k}\right)^{2} \frac{\partial \theta}{\partial t} d x d t
\end{gather*}
$$

Needless to say, the calculations leading to this formula can be arranged in various ways. In view of (4.8) we have the important estimate

$$
\begin{aligned}
\lim _{k \rightarrow \infty} & \int_{0}^{T} \int_{Q} \theta\left(w^{*}-w_{k}\right) \frac{\partial w^{*}}{\partial t} d x d t \\
& =\int_{0}^{T} \int_{Q} \frac{\theta\left(w^{*}-w\right)\left(w-w^{*}\right)}{\sigma} d x d t \leq 0
\end{aligned}
$$

and from (4.10) we finally obtain

$$
\begin{align*}
\limsup _{k \rightarrow \infty}(- & \left.\int_{0}^{T} \int_{Q} w_{k} \frac{\partial}{\partial t}\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t\right) \\
& \leq \frac{1}{2} \int_{0}^{T} \int_{Q}\left(w^{*}-w\right)^{2} \frac{\partial \theta}{\partial t} d x d t \tag{4.11}
\end{align*}
$$

for the last term in (4.9).
Rearranging (4.9) we have

$$
\begin{aligned}
2^{2-p} & \int_{0}^{T} \int_{Q} \theta\left|\nabla w^{*}-\nabla w_{k}\right|^{p} d x d t \\
\leq & \int_{0}^{T} \int_{Q} \theta\left(\left(\left|\nabla w^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w^{*}-\left(\left|\nabla w_{k}^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w_{k}^{*}\right) \\
& \cdot \nabla\left(w^{*}-w_{k}\right) d x d t \\
\leq & \int_{0}^{T} \int_{Q}\left(w^{*}-w_{k}\right)\left(\left|\nabla w_{k}^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w_{k}^{*} \cdot \nabla \theta d x d t \\
& +\int_{0}^{T} \int_{Q} \theta\left(\left|\nabla w^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w^{*} \cdot \nabla\left(w^{*}-w_{k}\right) d x d t \\
& +\int_{0}^{T} \int_{Q}-w_{k} \frac{\partial}{\partial t}\left(\left(w^{*}-w_{k}\right) \theta\right) d x d t \\
= & A_{k}+B_{k}+C_{k}
\end{aligned}
$$

where the algebraic inequality

$$
2^{2-p}|a-b|^{p} \leq\left(\left(|a|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} a-\left(|b|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} b\right) \cdot(a-b)
$$

$a, b \in \mathbf{R}^{n}, p \geq 2$, was used. We estimate the last three integrals in (4.12). Recall that $\theta=\zeta^{p}$. Hölder's inequality and (2.17), with the subsolution $L-w_{k}$, give

$$
\begin{aligned}
\left|A_{k}\right| \leq & p 2^{(p-2) / 2}\left(\int_{0}^{T} \int_{Q}\left|w^{*}-w_{k}\right|^{p}|\nabla \zeta|^{p} d x d t\right)^{1 / p} \\
& \cdot\left(\int_{0}^{T} \int_{Q}\left(2\left|\nabla w_{k}\right|^{p}+|\varepsilon|^{p-2}\right) \zeta^{p} d x d t\right)^{1 / q} \\
\leq & c\left(\int_{0}^{T} \int_{Q}\left|w^{*}-w_{k}\right|^{p}|\nabla \zeta|^{p} d x d t\right)^{1 / p}
\end{aligned}
$$

where $q=p /(p-1)$ and $c=c(n, p, L, \zeta, \varepsilon)$ is independent of $k$ and $\sigma$. Thus

$$
\begin{equation*}
\limsup _{k \rightarrow \infty}\left|A_{k}\right| \leq c\left(\int_{0}^{T} \int_{Q}\left|w^{*}-w\right|^{p}|\nabla \zeta|^{p} d x d t\right)^{1 / p} \tag{4.13}
\end{equation*}
$$

In the second integral $B_{k}$ we may proceed to the limit in view of the weak convergence and we obtain

$$
\begin{equation*}
\lim _{k \rightarrow \infty} B_{k}=\int_{0}^{T} \int_{Q} \zeta^{p}\left(\left|\nabla w^{*}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w^{*} \cdot \nabla\left(w^{*}-w\right) d x d t \tag{4.14}
\end{equation*}
$$

Recall that $C_{k}$ was handled in (4.11).
Each of the bounds (4.11), (4.13), and (4.14) approaches zero as $\sigma \rightarrow 0$. Therefore we can select $\sigma>0$ so small that

$$
\limsup _{k \rightarrow \infty} \int_{0}^{T} \int_{Q} \theta\left|\nabla w^{*}-\nabla w_{k}\right|^{p} d x d t
$$

is as small as we please. Then also

$$
\begin{aligned}
& \limsup _{k \rightarrow \infty}\left\|\theta\left(\nabla w-\nabla w_{k}\right)\right\|_{p, Q_{T}} \\
& \quad \leq\left\|\theta\left(\nabla w^{*}-\nabla w\right)\right\|_{p, Q_{T}}+\limsup _{k \rightarrow \infty}\left\|\theta\left(\nabla w^{*}-\nabla w_{k}\right)\right\|_{p, Q_{T}}
\end{aligned}
$$

can be made smaller than any preassigned quantity. This proves that $\nabla w_{k} \rightarrow \nabla w$ locally in $L^{p}\left(Q_{T}\right)$. Now we may pass to the limit under the integral in

$$
\int_{0}^{T} \int_{Q}\left(\left(\left|\nabla w_{k}\right|^{2}+\varepsilon^{2}\right)^{(p-2) / 2} \nabla w_{k} \cdot \nabla \varphi-w_{k} \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0
$$

as $k \rightarrow \infty$. The result is the required equation for $\nabla w$.
The main objective of this section is to give a proof of Theorem 1.4 stating that bounded $p$-superparabolic functions are, in fact, supersolutions. We have already established that $\nabla v \in L_{\mathrm{loc}}^{p}(\Omega)$ (see Lemma 4.3). The proof of Theorem 1.4 follows from the approximation result below.
4.15. Lemma. Suppose that $v$ is a locally bounded p-superparabolic function in $\Omega$. For every $Q_{t_{1}, t_{2}}$ with $\bar{Q}_{t_{1}, t_{2}} \subset \Omega$, there exists a sequence of supersolutions $v_{k}$ of (1.1), $v_{1} \leq v_{2} \leq \cdots \leq v$, in $Q_{t_{1}, t_{2}}$ such that $v_{k} \rightarrow v$ at each point of $Q_{t_{1}, t_{2}}$ and

$$
\nabla v_{k} \rightarrow \nabla v \quad \text { in } \quad L^{p}\left(Q_{t_{1}, t_{2}}\right)
$$

as $k \rightarrow \infty$.
Proof. We may assume that $\bar{Q}_{T} \subset \Omega$, and that $\bar{Q}_{t_{1}, t_{2}} \subset Q_{T}$ We can also assume that $1 \leq v \leq L$ in $\bar{Q}_{T}$ by adding a constant to $v$. Let $\theta \in C_{0}^{\infty}\left(Q_{T}\right), 0 \leq \theta \leq 1$ and $\theta=1$ on $Q_{t_{1}, t_{2}}$. Again, consider the obstacles $\psi_{k}$ and the two sequences of supersolutions

$$
v_{1} \leq v_{2} \leq \ldots, \quad v=\lim _{k \rightarrow \infty} v_{k}
$$

and

$$
w_{1} \leq w_{2} \leq \ldots, \quad w=\lim _{k \rightarrow \infty} w_{k}
$$

in $Q_{T}$. These are the same functions as before. Recall that $v_{k}$ are solutions to the obstacle problem related to the true $p$-parabolic equation (1.1) whereas $w_{k}$ are the corresponding solutions related to the regularized equation (1.5), all with the same $\varepsilon$.

We want to show that

$$
\begin{equation*}
\lim _{k \rightarrow \infty} \int_{0}^{T} \int_{Q} \theta\left|\nabla v_{k}-\nabla v\right|^{p} d x d t=0 \tag{4.16}
\end{equation*}
$$

To this end, we use Minkowski's inequality and obtain

$$
\begin{align*}
& \left\|\theta\left(\nabla v-\nabla v_{k}\right)\right\|_{p, Q_{T}} \\
& \quad \leq\|\theta(\nabla v-\nabla w)\|_{p, Q_{T}}+\left\|\theta\left(\nabla w-\nabla w_{k}\right)\right\|_{p, Q_{T}}+\left\|\theta\left(w_{k}-\nabla v_{k}\right)\right\|_{p, Q_{T}} \tag{4.17}
\end{align*}
$$

There is a technical difference between the cases $2 \leq p \leq 3$ and $p>3$.
First we study the case $2 \leq p \leq 3$. This is simple because (3.7) implies that

$$
\begin{aligned}
\int_{0}^{T} \int_{Q} \theta\left|\nabla w_{k}-\nabla v_{k}\right|^{p} d x d t & \leq \int_{0}^{T} \int_{Q}\left|\nabla w_{k}-\nabla v_{k}\right|^{p} d x d t \\
& \leq c|\varepsilon|^{p-1} T|Q|
\end{aligned}
$$

for the last term in (4.17). By the weak lower semicontinuity of the integral also the first term is bounded by $c|\varepsilon|^{p-1} T|Q|$. Finally, we use Lemma 4.7 to conclude that for the intermediate term

$$
\lim _{k \rightarrow \infty}\left\|\theta\left(\nabla w-\nabla w_{k}\right)\right\|_{p, Q_{T}}=0
$$

Therefore

$$
\limsup _{k \rightarrow \infty}\left\|\theta\left(\nabla v-\nabla v_{k}\right)\right\|_{p, Q_{T}} \leq c|\varepsilon|^{p-1} T|Q|
$$

for every $\varepsilon \neq 0$. The left-hand side is independent of $\varepsilon$. The desired result (4.16) follows in the case $2 \leq p \leq 3$.

Let us then consider the case $p>3$. Now we have to use (3.8) instead of (3.7). Thus there is an extra difficulty with the term $\left\|\nabla v_{k}\right\|_{p, Q_{T}}$ in the inequality

$$
\begin{equation*}
\int_{0}^{T} \int_{Q} \theta\left|\nabla w_{k}-\nabla v_{k}\right|^{p} d x d t \leq c \varepsilon^{2}\left(\int_{0}^{T} \int_{Q}\left|\nabla v_{k}\right|^{p} d x d t+T|Q|\right) \tag{4.18}
\end{equation*}
$$

since a bound independent of the index $k$ is called for. In order to avoid the conflict between the global nature of Lemma 3.3 and the local result in Lemma 2.16, we make an adjustment.

Notice that we need $v_{k} \rightarrow v$ only in $Q_{t_{1}, t_{2}}$, not in the whole of $Q_{T}$. We select the obstacles $\psi_{k}$ so that $\psi_{k}=0$ in $\bar{Q}_{T} \backslash \bar{Q}_{t_{1}, t_{2}}$, and $\psi_{k} \rightarrow v$ only in $Q_{t_{1}, t_{2}}$. Since $v \geq 1$, we may assume that $\psi_{k}>0$ in $Q_{t_{1}, t_{2}}$. With these arrangements it is clear that the obstacle cannot hinder in the outer region $\bar{Q}_{T} \backslash \bar{Q}_{t_{1}, t_{2}}$. Therefore $v_{k}$ is even $p$-parabolic there. Thus the estimate (2.21) is available and together with (2.17) this exhibits a bound of the form $\varepsilon^{2} c\left(L, Q_{T}, Q_{t_{1}, t_{2}}\right)$, when $|\varepsilon| \leq 1$, for the quantities in (4.18). Now one only has to replace $c|\varepsilon|^{p-1} T|Q|$ in the previous case by $\varepsilon^{2} c\left(L, Q_{T}, Q_{t_{1}, t_{2}}\right)$. This concludes the proof.

Now we are ready to prove Theorem 1.4.
Proof of Theorem 1.4. Let $\bar{Q}_{t_{1}, t_{2}} \subset \Omega$. By Lemma 4.16 we have

$$
\begin{aligned}
\int_{t_{1}}^{t_{2}} \int_{Q} & \left(|\nabla v|^{p-2} \nabla v \cdot \nabla \varphi-v \frac{\partial \varphi}{\partial t}\right) d x d t \\
& =\lim _{k \rightarrow \infty} \int_{t_{1}}^{t_{2}} \int_{Q}\left(\left|\nabla v_{k}\right|^{p-2} \nabla v_{k} \cdot \nabla \varphi-v_{k} \frac{\partial \varphi}{\partial t}\right) d x d t \geq 0
\end{aligned}
$$

whenever $\varphi \in C_{0}^{\infty}\left(Q_{t_{1}, t_{2}}\right)$ with $\varphi \geq 0$.

## 5. Pointwise behaviour

For a lower semicontinuous function $v$ in $\Omega$ we have

$$
\begin{align*}
v(x, t) & \leq \liminf _{(y, \tau) \rightarrow(x, t)} v(y, \tau) \\
& \leq \underset{(y, \tau) \rightarrow(x, t)}{\operatorname{ess} \lim \inf } v(y, \tau) \leq \underset{\substack{(y, \tau) \rightarrow(x, t) \\
\tau<t}}{\operatorname{ess} \liminf } v(y, \tau), \tag{5.1}
\end{align*}
$$

when $(x, t) \in \Omega$. We show that for a $p$-superparabolic function also the reverse inequalities hold.
5.2. Theorem. Suppose that $v$ is a p-superparabolic function $\Omega$. Then

$$
\begin{equation*}
v(x, t)=\underset{\substack{(y, \tau) \rightarrow(x, t) \\ \tau<t}}{\operatorname{ess} \liminf } v(y, \tau) \tag{5.3}
\end{equation*}
$$

holds at every point $(x, t) \in \Omega$.
The proof is based on the following lemma.
5.4. Lemma. Suppose that $v$ is a p-superparabolic function $\Omega$. Assume that $\bar{Q}_{T} \subset \Omega$ and that
(1) $v \leq 0$ at every point in $Q_{T}$ and
(2) $v=0$ at almost every point in $Q_{T}$.

Then $v=0$ at every point in $Q \times(0, T]$.
Proof. Let $\psi_{k} \in C^{\infty}(\Omega)$ be such that

$$
\psi_{1} \leq \psi_{2} \leq \ldots \quad \text { and } \quad \lim _{k \rightarrow \infty} \psi_{k}=v
$$

at every point in $\Omega$. Let $v_{k}$ be the solution of the obstacle problem with the obstacle $\psi_{k}$ as in the proof of Lemma 4.3. Then

$$
v_{1} \leq v_{2} \leq \ldots \quad \text { and } \quad \psi_{k} \leq v_{k} \leq v
$$

at every point in $Q_{T}$. To be on the safe side concerning the final result also at the instant $t=T$, we can solve the obstacle problem in a slightly larger domain, say $Q_{T+\delta}$ with a small $\delta>0$.

Select an arbitrary $Q^{\prime} \subset \subset Q$ and choose $t^{\prime}, 0<t^{\prime}<T$. Let $h_{k}$ denote the unique $p$-parabolic function in $Q_{t^{\prime}, T+\delta}^{\prime}$ with the values $h_{k}=v_{k}$ on the parabolic boundary of $Q_{t^{\prime}, T+\delta}^{\prime}$. At every point in $Q_{t^{\prime}, T+\delta}^{\prime}$ we have

$$
h_{1} \leq h_{2} \leq \ldots \quad \text { and } \quad h_{k} \leq v_{k} \leq v
$$

By Harnack's convergence theorem (see [KL, Remark 3.2]), the limit function

$$
h=\lim _{k \rightarrow \infty} h_{k}
$$

is $p$-parabolic in $Q_{t^{\prime}, T+\delta}^{\prime}$. Then the function

$$
w= \begin{cases}h & \text { in } Q_{t^{\prime}, T+\delta}^{\prime} \\ v & \text { otherwise }\end{cases}
$$

is, indeed, $p$-superparabolic in $\Omega$. For the verification of the comparison principle the fact that $h \leq v$ is essential, see [KL, p. 671].

We know that $w \leq v \leq 0$ everywhere in $Q_{T}$ and, in particular, that $h \leq v \leq 0$ everywhere in $Q_{t^{\prime}, T+\delta}^{\prime}$. We claim that $h=0$ in $Q_{t^{\prime}, T}^{\prime}$. Then we could conclude that $v=0$ everywhere in $Q^{\prime} \times\left(t^{\prime}, T\right)$. Moreover, $h(x, T) \leq v(x, T)$ for every $x \in Q^{\prime}$ (this holds up to the instant $t=T+\delta$ ) and since $h$ is continuous, we could also conclude that $v(x, T) \geq 0$, when $x \in Q^{\prime}$. By lower semicontinuity the alternative $v(x, T)>0$ is out of the question. Therefore it is sufficient to prove the claim.

First we observe that if $h$ itself were an admissible test function in the equation for $h$, we could easily conclude that $\nabla h=0$ almost everywhere. The averaged equation for $h$ reads

$$
\begin{gathered}
\int_{t^{\prime}}^{T} \int_{Q^{\prime}}\left(\left(\left.\nabla h\right|^{p-2} \nabla h\right)^{*} \cdot \nabla \varphi-h^{*} \frac{\partial \varphi}{\partial t}\right) d x d t+\int_{Q^{\prime}} h^{*}(x, T) \varphi(x, T) d x \\
\quad \geq \int_{Q^{\prime}} h\left(x, t^{\prime}\right)\left(\frac{1}{\sigma} \int_{t^{\prime}}^{T} \varphi(x, s) e^{-s / \sigma} d s\right) d x
\end{gathered}
$$

where we have taken into account that the diffusion starts at the instance $t^{\prime}$ by regarding $\varphi(x, t)$ as zero when $0 \leq t \leq t^{\prime}$. We choose the test function

$$
\varphi_{k}=\left(h_{k}-v_{k}\right)^{*}=h_{k}^{*}-v_{k}^{*}
$$

and regard $h_{k}-v_{k}$ as zero when $0 \leq t \leq t^{\prime}$ in (2.7). Inserting the test function and letting $k \rightarrow \infty$ we obtain

$$
\begin{gather*}
\int_{t^{\prime}}^{T} \int_{Q^{\prime}}\left(\left(\left.\nabla h\right|^{p-2} \nabla h\right)^{*} \cdot \nabla \varphi-h^{*} \frac{\partial h^{*}}{\partial t}\right) d x d t+\int_{Q^{\prime}} h^{*}(x, T)^{2} d x  \tag{5.5}\\
\geq \int_{Q^{\prime}} h^{*}\left(x, t^{\prime}\right)\left(\frac{1}{\sigma} \int_{t^{\prime}}^{T} h^{*}(x, s) e^{-s / \sigma} d s\right) d x
\end{gather*}
$$

in view of Lemma 2.9, since $h_{k}-v_{k} \rightarrow h$ in $L^{p}\left(Q_{t^{\prime}, T}^{\prime}\right)$ as $k \rightarrow \infty$. We have

$$
-\int_{t^{\prime}}^{T} \int_{Q^{\prime}} h^{*} \frac{\partial h^{*}}{\partial t} d x d t=\frac{1}{2} \int_{Q^{\prime}} h^{*}\left(x, t^{\prime}\right)^{2} d x-\frac{1}{2} \int_{Q^{\prime}} h^{*}(x, T)^{2} d x
$$

Now we let $\sigma \rightarrow 0$. It follows that

$$
\begin{equation*}
\frac{1}{2} \int_{Q^{\prime}}\left(h(x, T)^{2}+h\left(x, t^{\prime}\right)^{2}\right) d x+\int_{t^{\prime}}^{T} \int_{Q^{\prime}}|\nabla h|^{p} d x d t=0 \tag{5.6}
\end{equation*}
$$

because the right-hand side of (5.5) converges to zero as $\sigma \rightarrow 0$. This can be easily seen in view of the fact $t^{\prime}>0$ (the excluded case $t^{\prime}=0$ produces an extra term which we now avoid).

From (5.6) it follows immediately that $\nabla h=0$ almost everywhere in $Q_{t^{\prime}, T}^{\prime}$. Therefore there is a constant $c$ such that

$$
\begin{equation*}
\int_{t^{\prime}}^{T} h(x, t) d t=c \tag{5.7}
\end{equation*}
$$

when $x \in Q^{\prime}$.
We have to show that the constant $c$ is zero. To this end, notice that $\nabla w \in$ $L_{\mathrm{loc}}^{p}(\Omega)$ if $v$ is locally bounded in $\Omega$. We may assume that, to begin with, we have the function $\min (v, 1)$, which is locally bounded. For the Sobolev derivative we can conclude that $\nabla w=0$ almost everywhere in $Q_{T}$ (because $\nabla v=0$ almost everywhere by assumption and $\nabla h=0$ ). Then also

$$
\int_{t^{\prime}}^{T} w(x, t) d x=c
$$

for almost every $x \in Q$. In particular

$$
\int_{t^{\prime}}^{T} v(x, t) d x=c
$$

for almost every $x \in Q \backslash Q^{\prime}$. The assumption $v=0$ almost everywhere implies that $c=0$. Because $h \leq 0$ and because $h$ is continuous, the integral (5.7) cannot vanish, unless $h=0$ everywhere. This concludes the proof of the lemma.
5.8. Lemma. Suppose that $v$ is p-superparabolic in $\Omega$ and that $Q_{T} \subset \subset \Omega$. If $v(x, t)>\lambda$ for almost every $(x, t) \in Q_{T}$, then $v(x, t) \geq \lambda$ for every $(x, t) \in Q \times(0, T]$.

Proof. The auxiliary function

$$
u(x, t)=\min (v(x, t), \lambda)-\lambda,
$$

in place of $v$, satisfies the assumptions in Lemma 5.4. Hence $u=0$ everywhere in $Q \times(0, T]$. This is equivalent to the assertion.

## Proof of Theorem 5.2. Denote

$$
\lambda=\underset{\substack{(y, \tau) \rightarrow(x, t) \\ \tau<t}}{\operatorname{ess}} \operatorname{limininf}_{\operatorname{in}} v(y, \tau)
$$

in (5.3). According to (5.1) it is sufficient to prove that $\lambda \leq v\left(x_{0}, t_{0}\right)$. Thus we can assume that $\lambda>-\infty$. First we consider the case $\lambda<\infty$. Given $\varepsilon>0$, we can find a $\delta>0$ and a parallelepiped $Q$ with the center $x_{0}$ such that the closure of $Q \times\left(t_{0}-\delta, t_{0}\right)$ is comprised in $\Omega$ and

$$
v(x, t)>\lambda-\varepsilon
$$

for almost every $(x, t) \in Q \times\left(t_{0}-\delta, t_{0}\right)$. According to Lemma 5.4,

$$
v(x, t) \geq \lambda-\varepsilon
$$

for every $(x, t) \in Q \times\left(t_{0}-\delta, t_{0}\right]$. In particular, we can take $(x, t)=\left(x_{0}, t_{0}\right)$. Hence $v\left(x_{0}, t_{0}\right) \geq \lambda-\varepsilon$. Since $\varepsilon>0$ was arbitrary, we have established that $\lambda \leq v\left(x_{0}, t_{0}\right)$, as desired.

The case $\lambda=\infty$ is easily reached via the functions $v_{k}=\min (v, k), k=1,2, \ldots$ Indeed,

$$
v\left(x_{0}, t_{0}\right) \geq v_{k}\left(x_{0}, t_{0}\right) \geq \min (\infty, k)=k,
$$

$k=1,2, \ldots$, in view of the previous case. This concludes the proof of Theorem 5.2.

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